

Contact information

Smartcities card

Tel 023 8083 4222

www.smartcities.co.uk

Traveline

For public travel information for bus, train, coach, ferry or underground

Tel 0871 200 22 33

www.traveline.org.uk

Calls cost 10p per minute from a landline plus connection fee.

Libraries

Tel 023 8083 2459

www.southampton.gov.uk/libraries

Leisure

Active Nation:

The Quays Swimming & Diving Complex

023 8072 0900

Bitterne Leisure Centre 023 8043 7647

Chamberlayne Leisure Centre 023 8043 7668

Southampton Sports Centre 023 8079 0693

www.activenation.org.uk

Southampton City Council:

Oaklands Swimming Pool 023 8074 1414

www.southampton.gov.uk/s-leisure

Mytime Active:

Southampton City Golf Course 023 8076 0546

www.mytimegolf.co.uk

This written information is available on request in other formats or languages. Please contact 023 8083 4222 for help.

www.southampton.gov.uk/smartcities

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INVESTOR IN PEOPLE

Free bus travel and a whole lot more



With your Southampton
Smartcities card



Free bus travel for senior citizens

Who is eligible?

Anyone who is of state pension age¹ living in Southampton can apply for the Southampton Smartcities card.

What does it include?

Free off-peak² bus travel anywhere in England, a city library card, a leisure card and it can also be a donor card.

How do I apply?

You can now do it all online, including renewing your old bus pass. Just fill out your details and upload a photo and we'll do all the rest. It is really straightforward, but if you aren't familiar with the internet ask a friend, carer or family member to help. Go to www.southampton.gov.uk and click 'apply for it'.



Out and about



The concessionary bus pass gives free off-peak travel on local buses anywhere in England.

A one hour bus journey from Southampton could take you to some amazing locations around the south. You could:

- do some shopping in Eastleigh or Hedge End
- take a stroll down the river at Hamble or Bishopstoke
- walk along the promenade at Hythe or Lee-on-the-Solent
- go to the market at Lymington
- feed the ducks in Romsey
- visit the cathedrals at Salisbury or Winchester

If you want to get away from it all, take a bus into the New Forest

- go for a cream tea at Lyndhurst or Brockenhurst
- take a walk in the forest

If you've got the taste for adventure why not try travelling further afield and stay over night. For longer journeys jump between cities:

- from Salisbury you can catch buses to Bath (change at Warminster)
- Swindon or even Oxford (change at Swindon)

Sit back and take in the views, take a book or some music and relax while someone else does the driving.

Remember you can use your pass throughout England, so make sure you take it with you when you go away - there are so many more places to discover.

Planning your journey is simple, just call or visit Traveline on 0871 200 22 33 or www.traveline.org.uk



Leisure



Everybody, young and old, needs to be active in order to stay healthy. Increasing your activity levels could have an immediate and positive impact on your life. You'll find that you feel good about yourself, have more energy, sleep better and cope better with stress and anxiety.

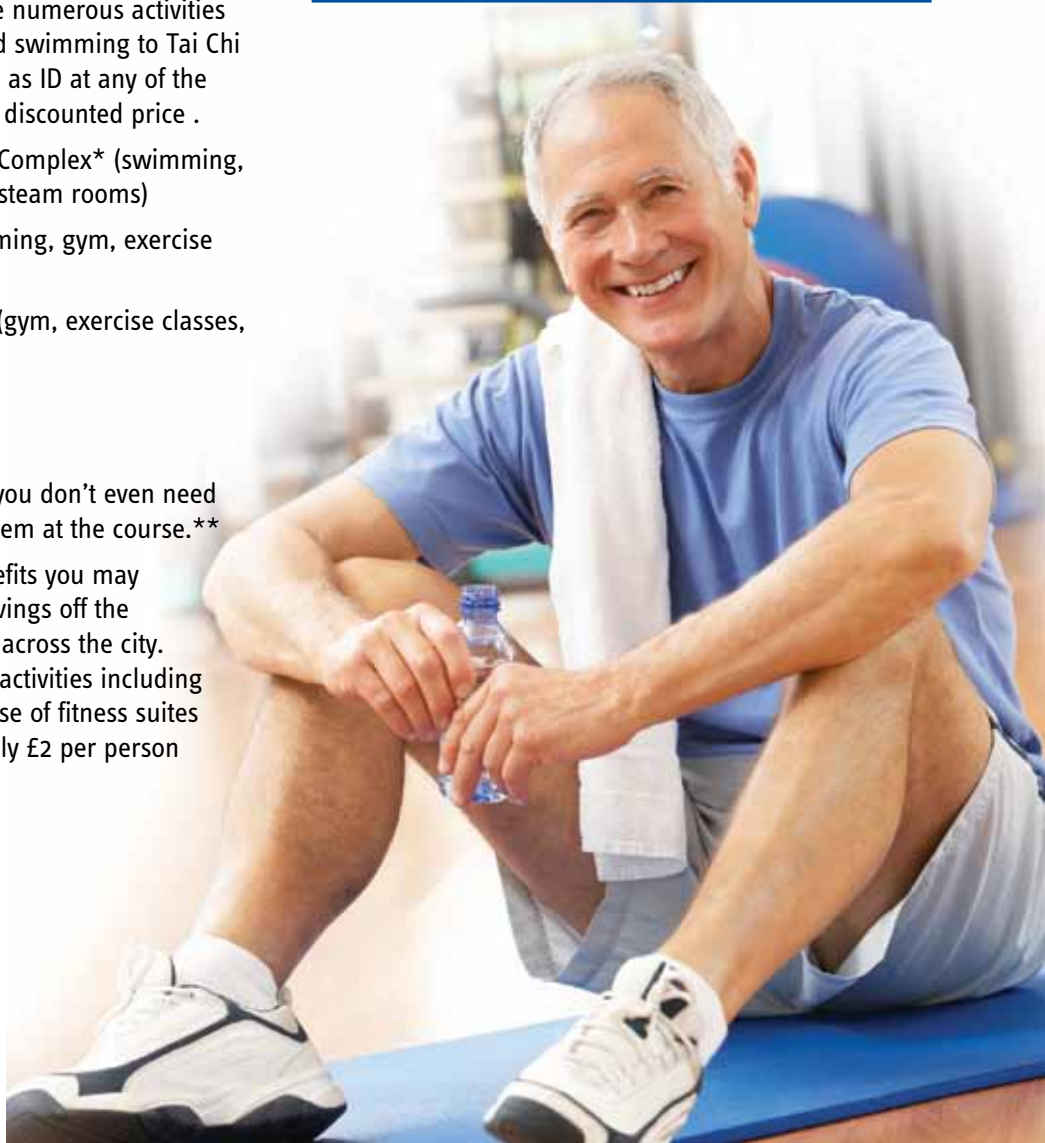
If you're eligible for free bus travel, then you're also eligible for concessionary rates on a wide range of leisure activities across the city. There are numerous activities available, from aqua-aerobics and swimming to Tai Chi and Yoga – just present your card as ID at any of the venues listed below to claim your discounted price .

- The Quays Swimming & Diving Complex* (swimming, gym, exercise classes, sauna & steam rooms)
- Bitterne Leisure Centre* (swimming, gym, exercise classes, racket sport)
- Chamberlayne Leisure Centre* (gym, exercise classes, racket sport)
- Southampton Sports Centre*
- Oaklands Swimming Pool
- Southampton City Golf Course, you don't even need to have clubs as you can hire them at the course.**

If you are currently receiving benefits you may also be eligible for even better savings off the cost of activities at leisure venues across the city. With the 'Get Active' subscription activities including swimming, badminton, squash, use of fitness suites and nine holes of golf will cost only £2 per person per activity at off peak times.***

Why not get some specialist activity advice by asking your GP to refer you to the Active Options programme. One of their health and fitness consultants will advise on exactly what type of activity is safest and most beneficial for you.

For details and timetables please see the contact information section overleaf.



Free library membership



Turn your smart card into your library card and you'll be amazed just how much our modern libraries have to offer.

Borrow as many as 30 items from:

- The latest top novels, biographies and non-fiction
- Blockbuster DVDs, rare Classics, World and Bollywood films
- A huge collection of popular and classical CDs

There are also:

- Computer taster sessions
- Audio books on CD and MP3
- Interactive and educational CDs
- Learn a language sets
- Reading Groups and craft activities
- Journals and magazines
- Free internet

To turn your Smartcities card into your library card call 023 8083 4222 or visit your closest library.

Organ donation

Transplants are one of the most miraculous achievements of modern medicine, but without the generosity of donors and their families who are willing to make this life-saving gift to others it wouldn't be possible. One donor can give life to several people and restore the sight of two more.

Just tick the boxes in the application form or contact the Smartcities office, if you already have a Smartcities card, to be added to the register. Your card will then be printed to display the Organ Donor symbol.

Don't forget to let your family and friends know about your wishes. Talk to them now so they know exactly what you want if the time ever comes.



Organ donation.
The gift of life.

- 1 The date when a woman becomes eligible for her state pension is also the date when men and women become eligible for their concessionary bus pass.
- 2 The entitlement for bus travel is also applicable to people with an eligible disability (see Smartcities website or application form)
Off peak travel is 9am to 11.59pm in Southampton or 9.30am elsewhere until 11pm Mon-Friday and any time at weekends.

Certain discounts are for the over 60s, or if you have a Get Active subscription. For full details about the Get Active subscription see Smartcities website or application form.
*Venues managed and operated by Active Nation
** Venues managed and operated by Mytime Active.
*** Terms and conditions apply