

Would you like to get back into work but don't know how to?

If you have been out of work for a long time because of a health condition and want help to get back into work, **Solent Employment Support** can help you.

We can provide tailored support that includes advice on housing, healthcare and social services to support you to get and keep a job, or to find training opportunities.



Employment support

Experience



Interview



Agreement

Career

Search



Goal

Skills



Find out more

Southampton

Call 023 8091 7868 Email francesca.prior@southampton.gov.uk

Visit southampton.gov.uk/EST

Portsmouth

Call 023 9232 2827 Email kathy.denham@portsmouthcc.gov.uk

