



# ITCHEN 'STEP' PROGRAMME

(SKILLS, TRAINING, ENGAGEMENT PROGRAMME)

Itchen College offer a Skills Training and Engagement Programme to support those aged 16-24 and not in education, employment or training (NEET) or those at risk of becoming NEET.

Our programme is designed to provide support for learners to enable them to gain the confidence and skills to work towards education, employment, a traineeship or an apprenticeship.

Learners will develop employability skills, interpersonal skills and have the opportunity to take part in work experience and gain qualifications in various subject areas. This will equip learners with the knowledge and skills required to work towards identifying and achieving their personal goals.

## **Training will include:**

- Confidence building
- Transferrable skills
- Employability skills
- Functional Skills (Maths & English)
- Industry specific qualifications
  - CSCS
  - Early Years
  - Health and Social Care
  - Retail
  - Warehousing

## **Delivery Method:**

1-2-1 or in small groups depending on the individual needs.

The course is delivered in a relaxed, encouraging environment where learners can work towards qualifications that can be achieved in a safe and welcoming learning environment.

## **Course structure**

The programme consists of six distinct units:

- Planning to Progress
- Rights and Responsibilities in the Workplace
- Effective Communication
- CV Writing
- Interview Skills
- Preparing for Work Placement

Additional units will be chosen to effectively support learners to achieve their ambitions.

The course is tailored around the individual needs of the young person.

## **Location and duration:**

This service is offered across Hampshire and the IOW, delivery is carried out in a convenient location to the learner.

Duration: 6weeks - 6 months dependent on support requirements and qualifications taken.