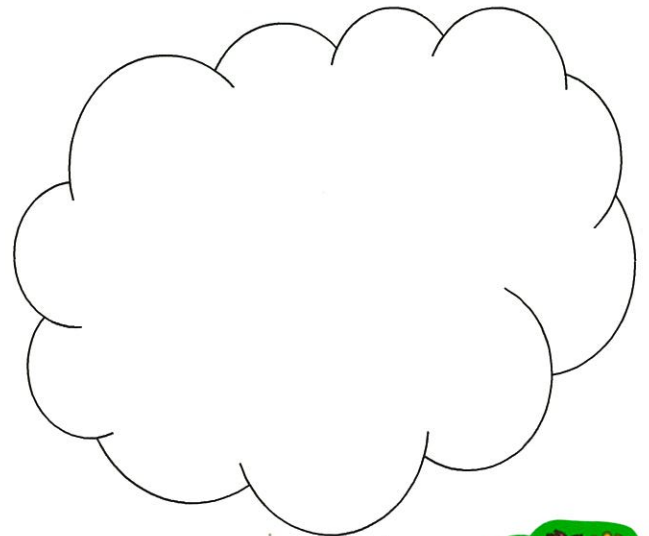
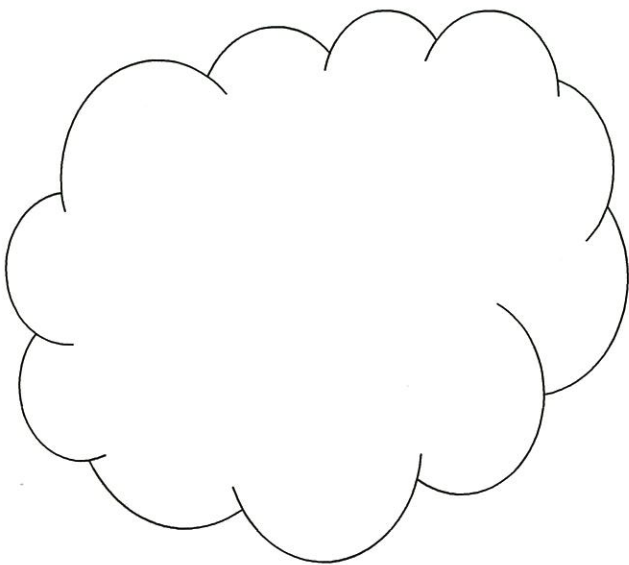
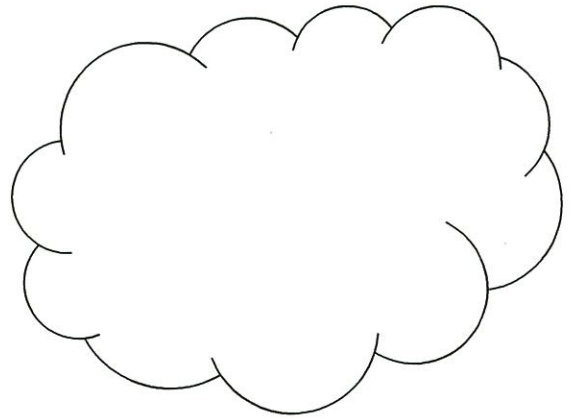
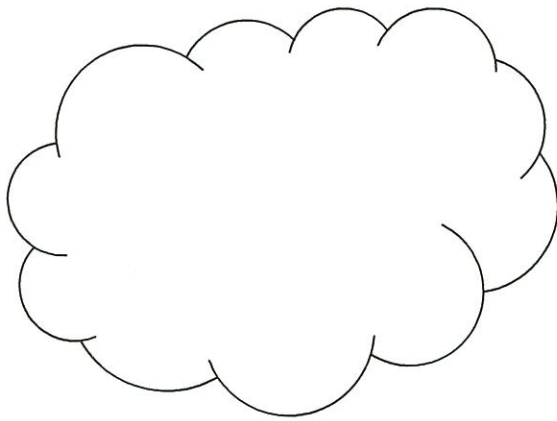


Home

- **How do I get on at home?**
- **Who's going to look after me?**
- **How do I deal with my feelings at home?**
- **Who do I talk to?**
- **Do my brothers/ sisters help me?**
- **Dealing with isolation**
- **My memories**
- **Do we have less money?**



Write down four things that make it difficult for you at home.



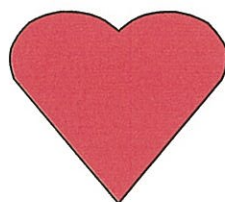
Changes

Write or draw about how things have changed at home

A large red outline of a scroll with two unrolled corners, intended for writing or drawing.

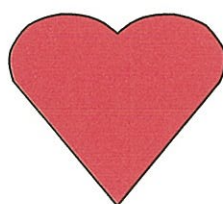
All About My Dad

My dad's name is ...	His birthday is....
Write 4 words about your dad's best qualities.	What is he good at?
His favourite food is.....	What makes your dad happy?



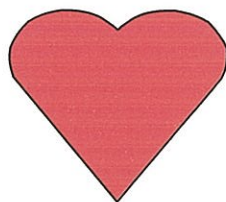
All About My Mum

My mum's name is ...	Her birthday is....
Write 4 words about your mum's best qualities.	What is she good at?
Her favourite food is.....	What makes your mum happy?

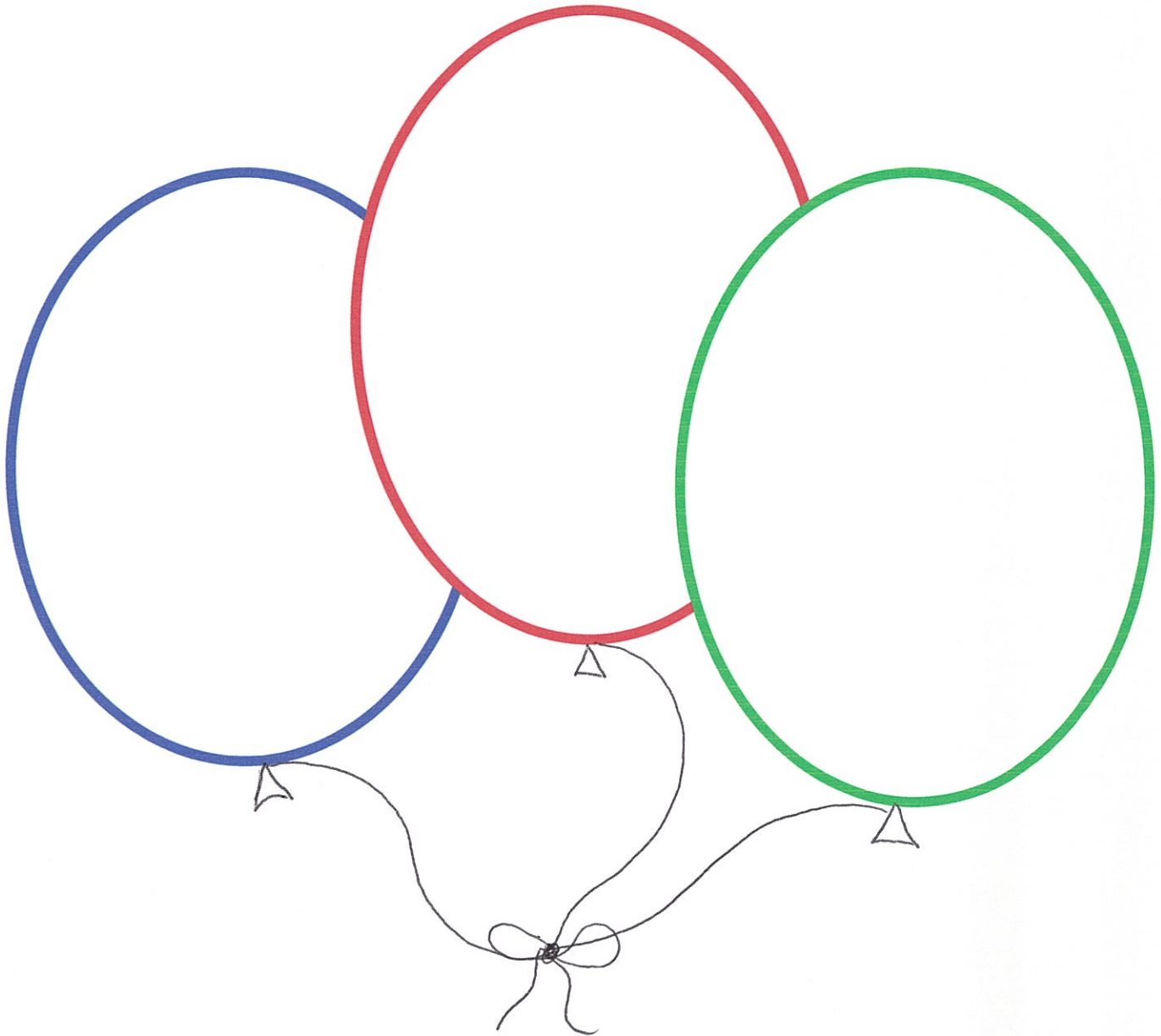


All About

His/her name is ...	His/her birthday is....
Write 4 words about best qualities.	What is s/ he good at?
His/her favourite food is.....	What makes happy?



I remember Dad and me



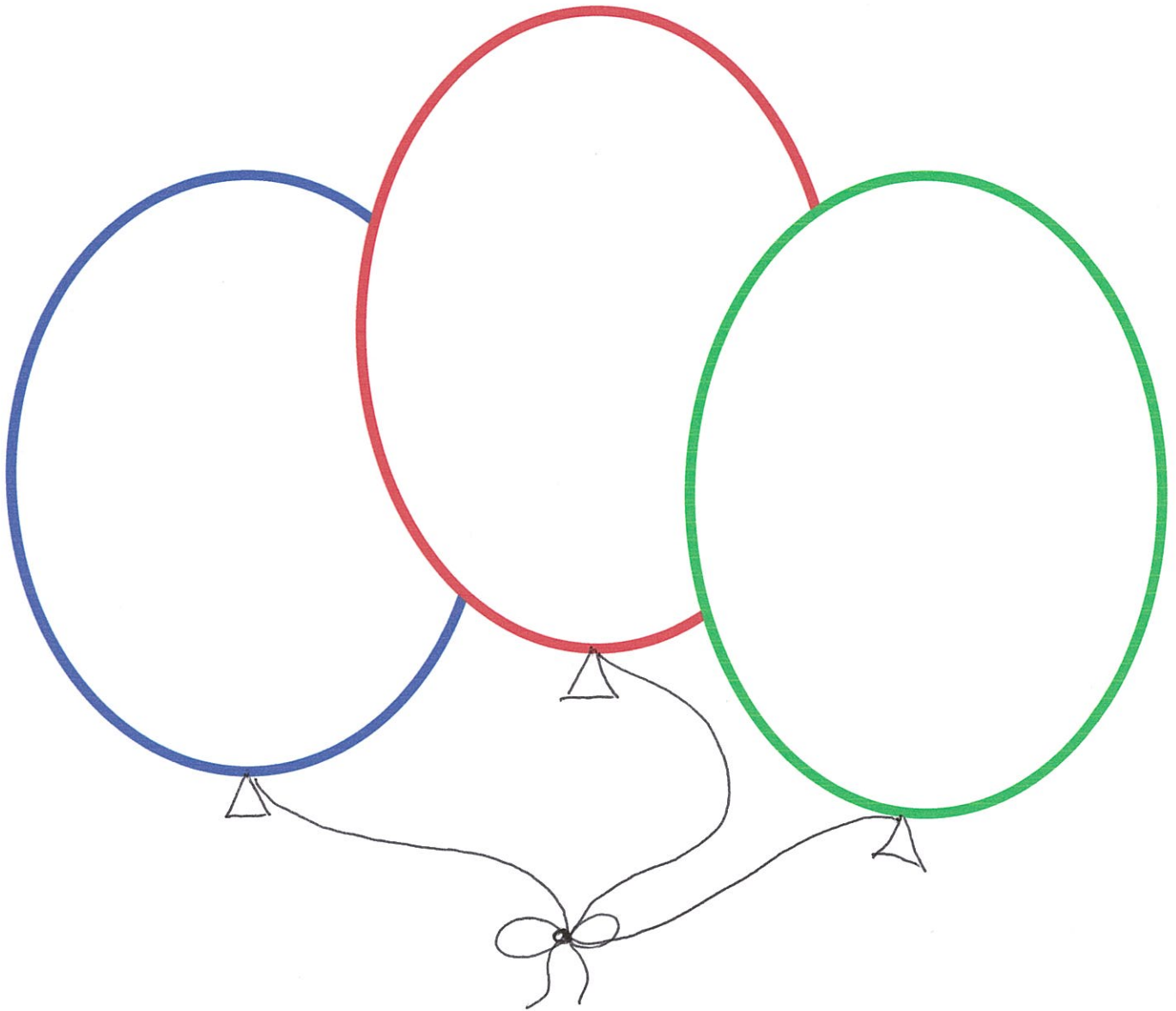
In the **red** balloon, write or draw some things you did together.

In the **blue** balloon, write or draw your favourite memory.

In the **green** balloon, write or draw some things you don't like remembering.



I remember Mum and me



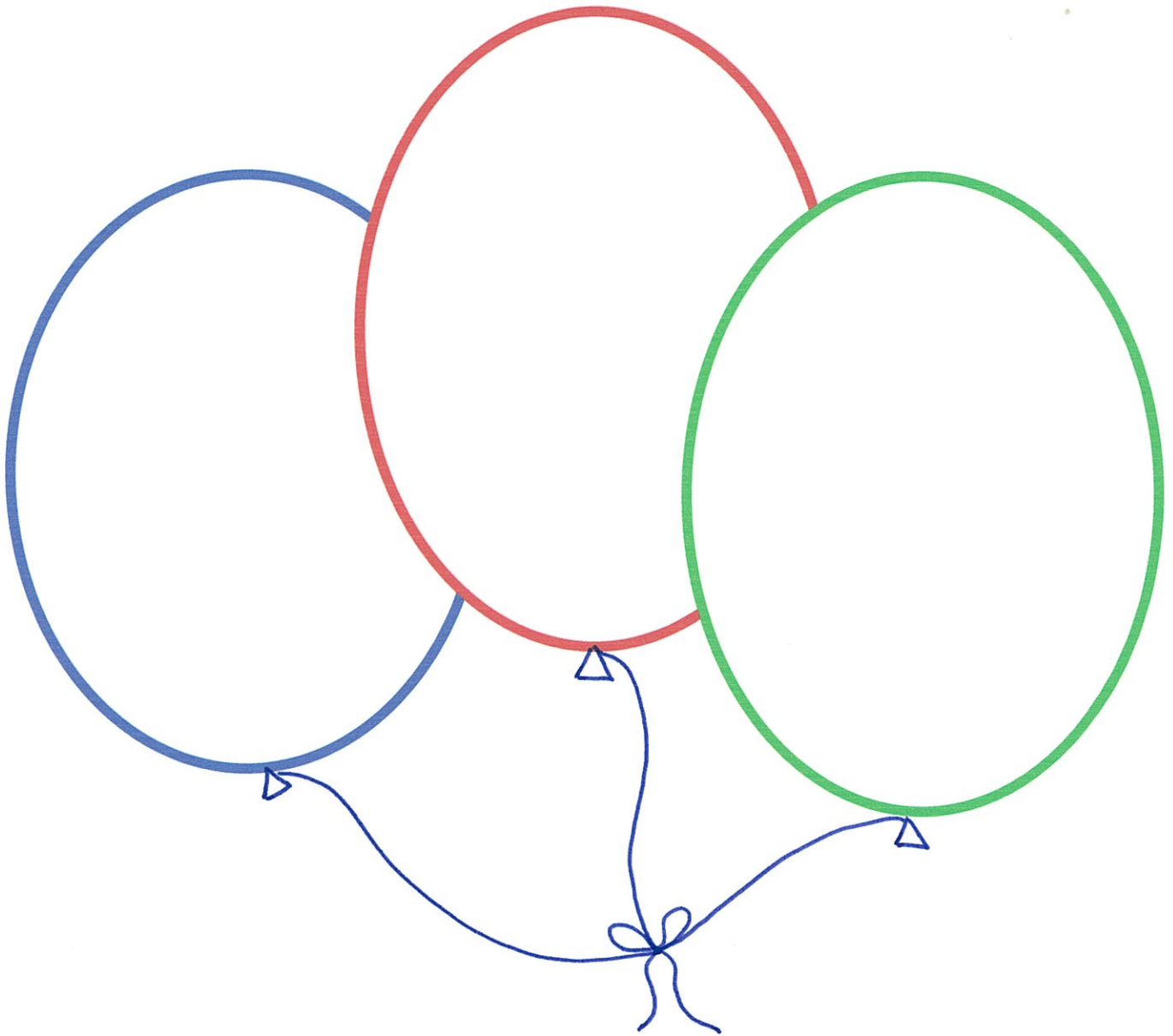
In the **red** balloon, write or draw some things you did together.

In the **blue** balloon, write or draw your favourite memory.

In the **green** balloon, write or draw some things you don't like remembering.



*I remember and
me*



In the **red** balloon, write or draw some things you did together.

In the **blue** balloon, write or draw your favourite memory.

In the **green** balloon, write or draw some things you don't like remembering.

Special Times

There will be times when you will miss
..... more than ever.

Draw a picture for each special time of something
you are going to do to help you get through these
difficult days.



Family holidays



My birthday



Dad's birthday



Christmas



Father's Day



Family holidays



My birthday



Mum's birthday



Christmas



Mother's Day



Family holidays



My birthday



..... birthday

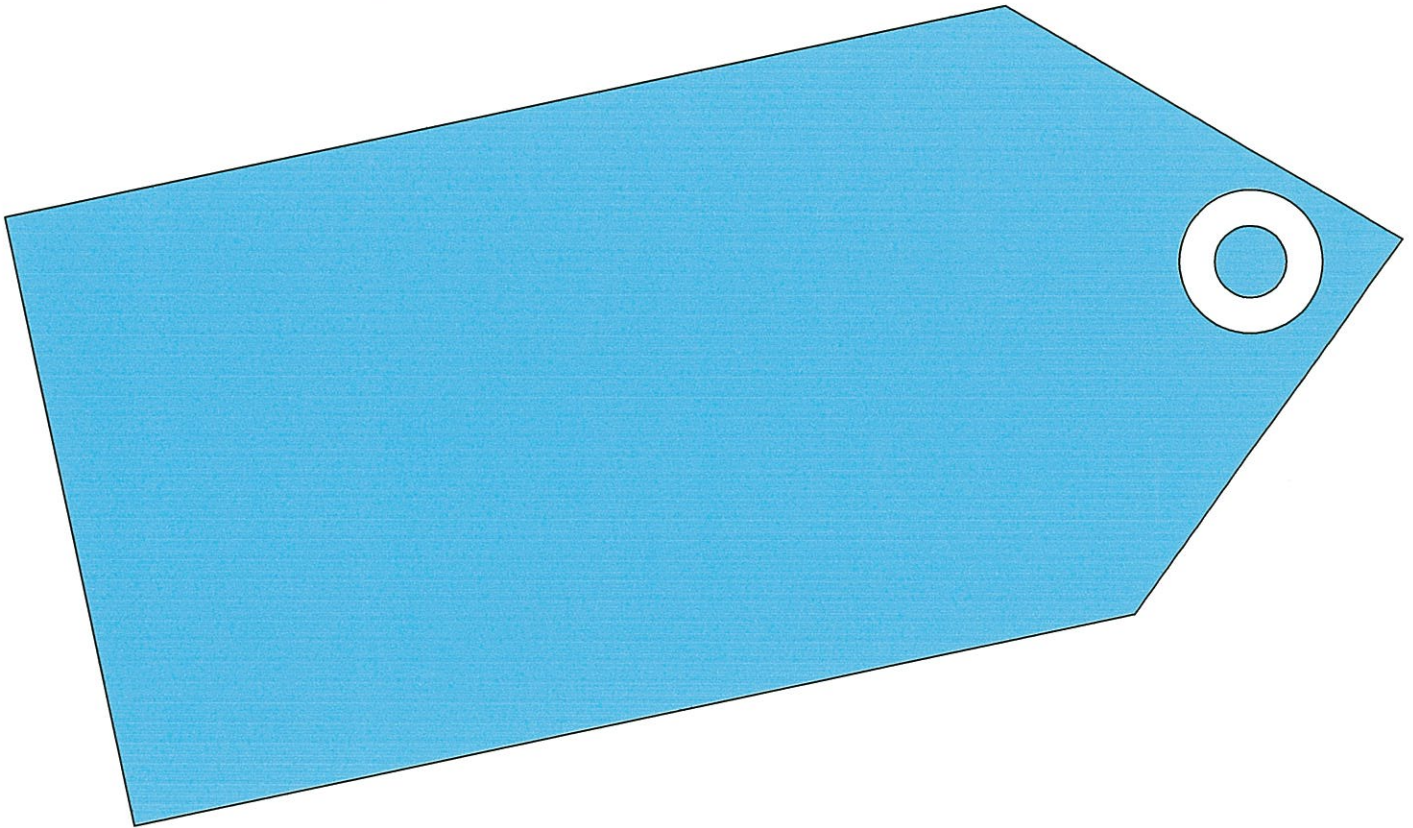


Christmas



Another special day

If was here for 5
minutes.....



What would you say to if they were here now.

Write it on the label, cut it out and attach it to a balloon, then let it go.

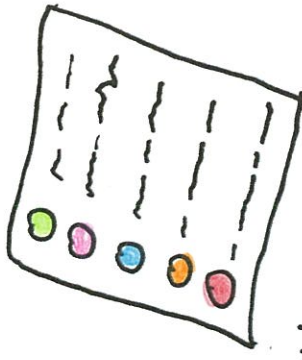
MAKE A JAR OF MEMORIES



You will need

A glass jar with a lid
5 colours of salt (add powdered chalk to make the salt coloured)
5 felt pens to match the colours of the salt.
Some paper.

1. Fill the jar with salt.
2. Split the salt into 5 equal amounts and add the powdered chalk to each pile and mix.
3. On the piece of paper write down 5 special memories about your mum. Give each memory a colour.
4. Put each colour of salt into the jar in layers until the jar is full then secure the lid.



MAKE YOUR

FIRST AID KIT

AID KIT

What do you find in a first aid kit.

Playing football.



Pat my dog



Listen to music



Now make a list of things to help you if you have a bad day

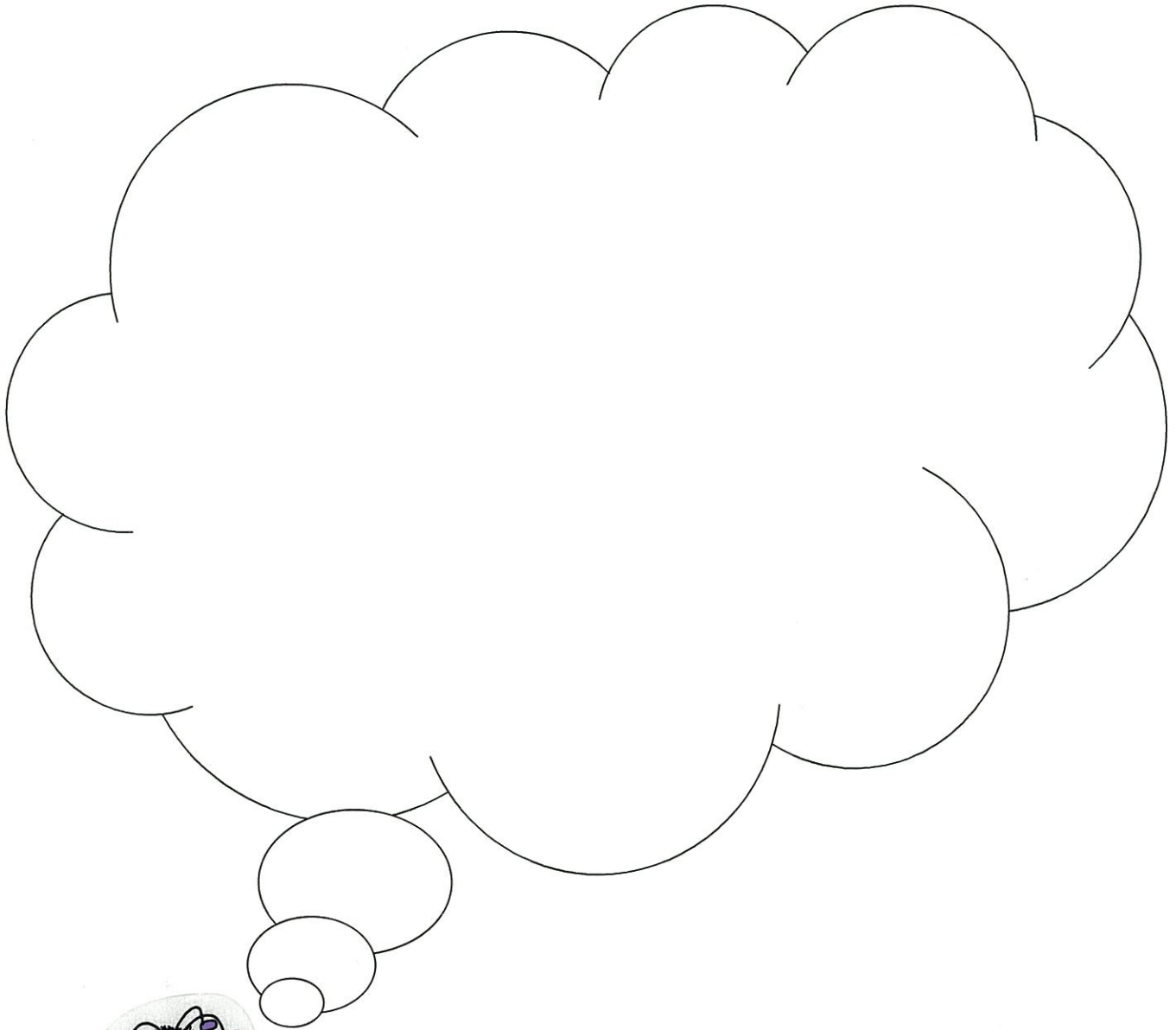


Things that help me



Make your ideas out of clay or Plasticine and put them in your box.

What do you dream about?





My brothers and sisters

How do we get on?

How do we help each other?

What can we do better?

I can do



Today is your birthday. Inside this box is the present you most want to see in the world.

Can you see it—what is it?

The Change Balloon

What you need

An agreed "problem" (target)

What to do

- During a 1-1 session, draw "a change balloon" in the middle of paper with a stick figure, this represents the pupil/student.
- Around the balloon, prompt all the people who are involved in the **solution**, ie teachers, T.A's, parents, peers, siblings. Next to each name draw a speech bubble / balloon.
- Ask,
"If change is going to happen today, who needs to do what in order for that change to take place?
What can keep doing?
What can **start** doing?
What can **STOP** doing?
AND what is it that **you** can do to help that change take place? "
- Remind the pupil to keep things small, they should include anything at all that they think could be done.
- Use the visual aid to record thoughts, different colours could show (KEEP, START, STOP)
- Advise the pupil/student that you'd like to share their ideas with those mentioned in the balloon.



The Change Balloon: (*KEEP*, start, *STOP*)

Keep
Start
stop

Keep
Start
stop

Keep
start
stop

Keep
start
stop

Keep
start
stop

