

## Online safety

The use of internet based communications has become part of everyday life for most children and young people. Although there are great benefits from this, there are also risks that children and young people can be exposed to which are not always understood and are often underestimated.

It's never too early to think about your child's online safety and listed below are a selection of useful websites for further advice and information:

<b>NPSCC</b>	<p><a href="https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/">https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/</a></p> <p>As well as lots of advice, the NSPCC provide a free online safety helpline, details of which can be found using the link above.</p>
<b>The UK Council for Internet Safety</b>	<p>A PDF of their guidance for parents and carers can be accessed on this page under attached downloads.</p>
<b>Thinkuknow</b>	<p><a href="https://www.thinkuknow.co.uk/">https://www.thinkuknow.co.uk/</a></p> <p>Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline. Explore one of the six Thinkuknow websites for advice about staying safe when you're on a phone, tablet or computer.</p>
<b>CEOP</b> The Child Protection and Online Exploitation Command	<p><a href="https://www.ceop.police.uk/safety-centre/">https://www.ceop.police.uk/safety-centre/</a></p> <p>If you are worried about online sexual abuse, or the way someone has been communicating with you or your child online, this can be reported on this website to a CEOP Child Protection Advisor.</p>
<b>Internet Watch Foundation</b>	<p><a href="http://www.iwf.org.uk">www.iwf.org.uk</a></p> <p>The IWF work internationally to make the internet safer by removing images of child sexual abuse. If you stumble across criminal, sexual or obscene content on the internet you can confidentially and anonymously report it to the Internet Watch Foundation via this website.</p>
<b>It happened to me campaign.</b>	<p>Megan Hinton from Hampshire was 14 years old when she fell into the trap of sharing images of herself online. She has teamed up with Hampshire Police to launch a video to warn and educate people about the dangers of sharing intimate photos.</p> <p>The <a href="#">Safe4Me website</a> has free resources to help tackle the subject of online safety.</p>