

Mental Health & Wellbeing Bronze Award Structure



HEALTHY EARLY YEARS AWARD
Southampton

Sign up on the website to let us know you wish to start the award:

[HEYA - Sign up form \(southampton.gov.uk\)](https://www.southampton.gov.uk/health/healthy-early-years-award/sign-up-form)

For Mental Health & Wellbeing Award, download the following from the website:

- *MH &W Theme Criteria*
- *MH &W policy template*
- *MH &W Self-assessment form*
- *Look at all of the guidance, advice and downloadable documentation and use as required*

- Setting consults with staff team, parents & committee about commencing the award.
- **Compare** your current policy, practice and provision with the Mental Health theme criteria and **identify any gaps to be worked on.**

Work towards meeting standards for the award. This may include **making changes** to your curriculum, MH&W policy / or MH&W provision, undertaking questionnaires and looking at your setting's ethos.

Once you are satisfied that your setting is meeting all relevant standards for this award, **complete all parts of the MH&W self-assessment form.**

- Submit the following by email to HEYA@Southampton.gov.uk :**
- *Old MH&W policy (if you had one)*
 - *New / updated MH&W policy*
 - *Completed self-assessment form*
 - *Staff supervision template (N/A for childminders working alone)*

Email support available from the HEYA team at any time if needed

HEYA@southampton.gov.uk

Your submission will be reviewed by the HEYA panel, and you will be advised if you have achieved the award. Confirmation of achievement, logos and a copy of your certificate will be sent out. If you do not fully meet the standards, advice will be provided for you to amend your award submission and resubmit for further assessment and to successfully achieve the award.

Consider completing another award at **Bronze** level