

## **Remand and Court**

- **What is happening to the adult I care about/ where are they?**
- **Will I see them?**
- **What happens in court?**
- **How do I feel about what they are accused of?**

My world



**My world feels empty  
Not the same  
Since my father isn't there any more.**

**There is so much I want to ask him,  
Do with him,  
Tell him  
How could he?  
I am still so young.**

**I pretend to be ok  
To cheer my mum up.**

**I now call my sadness my elephant  
People don't notice it,  
My anger, my tears inside  
They say I've got a tough skin.**

**From time to time  
I go to the tree at the back of our garden.  
It is my tree.  
I talk to it, it knows my pain  
And when I put my face against its bark,  
It is rough like my father's chin.**

## My world poem

### **Discussion thoughts and activities:**

- ❖ **Explore child's current feelings to the adult's absence/ what's changed**
- ❖ **What would they say to him/her**
- ❖ **What would they want to ask about what the adult has been accused of**
- ❖ **What are there worries and fears about how life is at present?**
- ❖ **How are they showing what they feel/ to whom if they can't talk to family**
- ❖ **Fear about seeing the adult in court/ process**
- ❖ **Coping strategies**

**This can be done through drawing, painting, model making, story telling and use of activities attached.**

## Madeline Thomas Story

**Read the sentences from the following sheet to the child and record their responses to the questions.**

**This activity is a baseline to how the child is feeling in a range of settings and can be used again later in the support strategy to monitor change.**



Madeline Thomas Story

Name \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_

1. One day a boy called Ben went to school. When it was playtime he went off and played by himself. Why do you think that was?

2. After school when he went back to his home, he started fighting with his sister. His mum came into the room and found them fighting together. What did she do?

3. Soon it was suppertime. The family sat down to eat together. In the middle of the meal the dad suddenly got angry. What was he angry about?

4. The next day Ben went back to school. He was a naughty boy at school and the teacher gave him a letter to take home. Who did he give the letter to, his mum or his dad, and why?

5. The next Ben was playing with his friend Sally. Sally said she had a secret to tell Ben. What do you think she told Ben?

Then she said she had a secret to show Ben. What do you think she showed Ben?

6. That weekend Ben and his family went for a day out. On the way home Ben's mum suddenly became sad. What do you think was the matter with her?

7. When they reached home, Ben went up to his room. What did he do in his room?

8. That night Ben woke up in the middle of the night and was very frightened. What do you think he was frightened of?

9. He went back to sleep and had a bad dream. What was his dream about?

10. Then he went back to sleep and had a nice dream. A fairy godmother appeared and said he could have three wishes. What were his three wishes?

11. What is your favourite fairy story?

12. Do you want to grow up? Why or why not?



## The House of Change

Draw an object for each room to show something that has changed since the person close to you was arrested.





**FEELINGS – recognising why you feel like you do.**

**These activities show where the student is having difficulty expressing or acknowledging their feelings at present.**

# Happiness

What makes you happy?





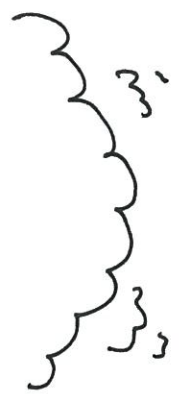
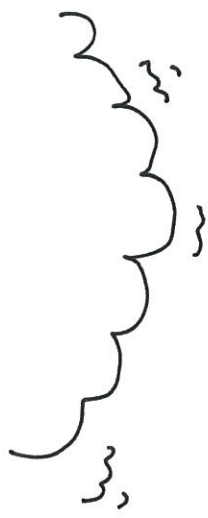
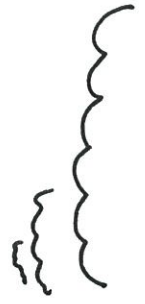
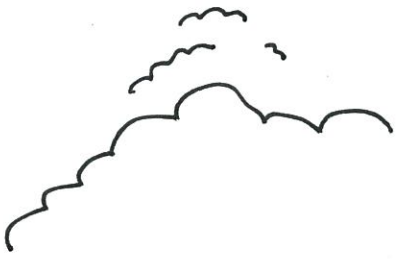
# *Sadness*

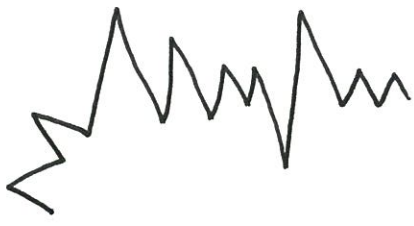
**What makes you sad?**

A large, empty rectangular box with a hand-drawn, wavy border, intended for writing answers to the question 'What makes you sad?'. The box is centered on the page and occupies most of the lower half of the page.

Fear

What makes you scared?

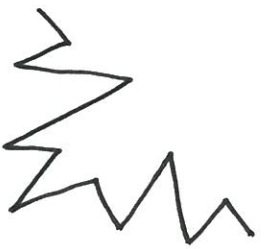
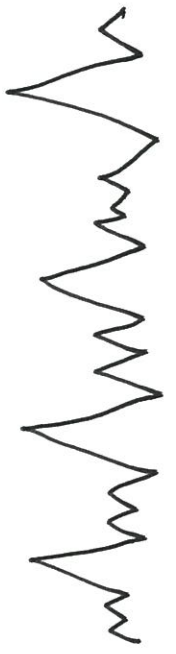
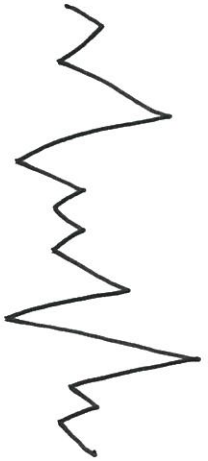




# Anger



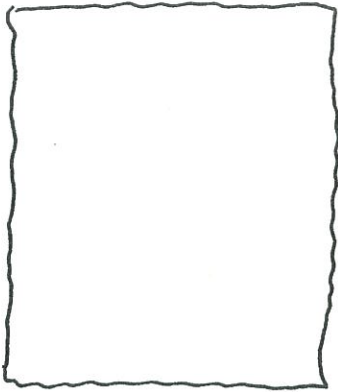
What makes you angry?



# The **Angry** Page

This page lets you show your anger in a safe way.

Draw what you'd like to do with the person you are angry with here.



Say what you want to say to them and never did - here.

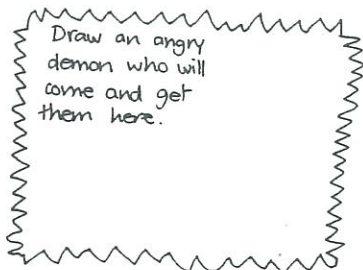


Call the person all the names you want to here.



The most angry I can be.

Place yourself on the Anger Thermometer



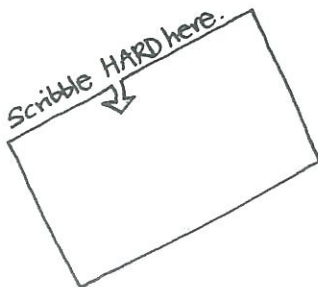
Draw an angry demon who will come and get them here.

How Angry?  
A bit cross

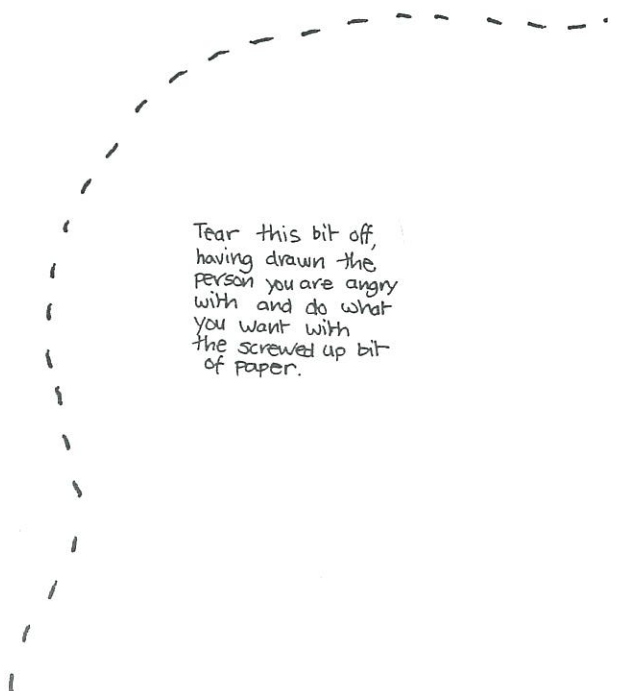
Draw the person here and Stamp on this bit of paper



Scribble HARD here.



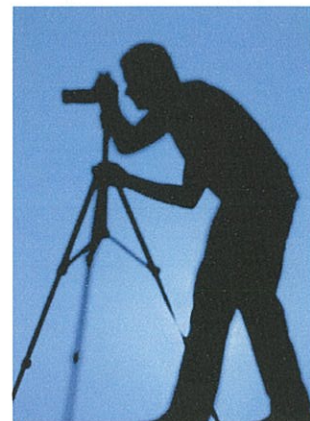
Tear this bit off, having drawn the person you are angry with and do what you want with the screwed up bit of paper.





**What is the photographer taking a picture of?**

**This could be something happening in my life.....**



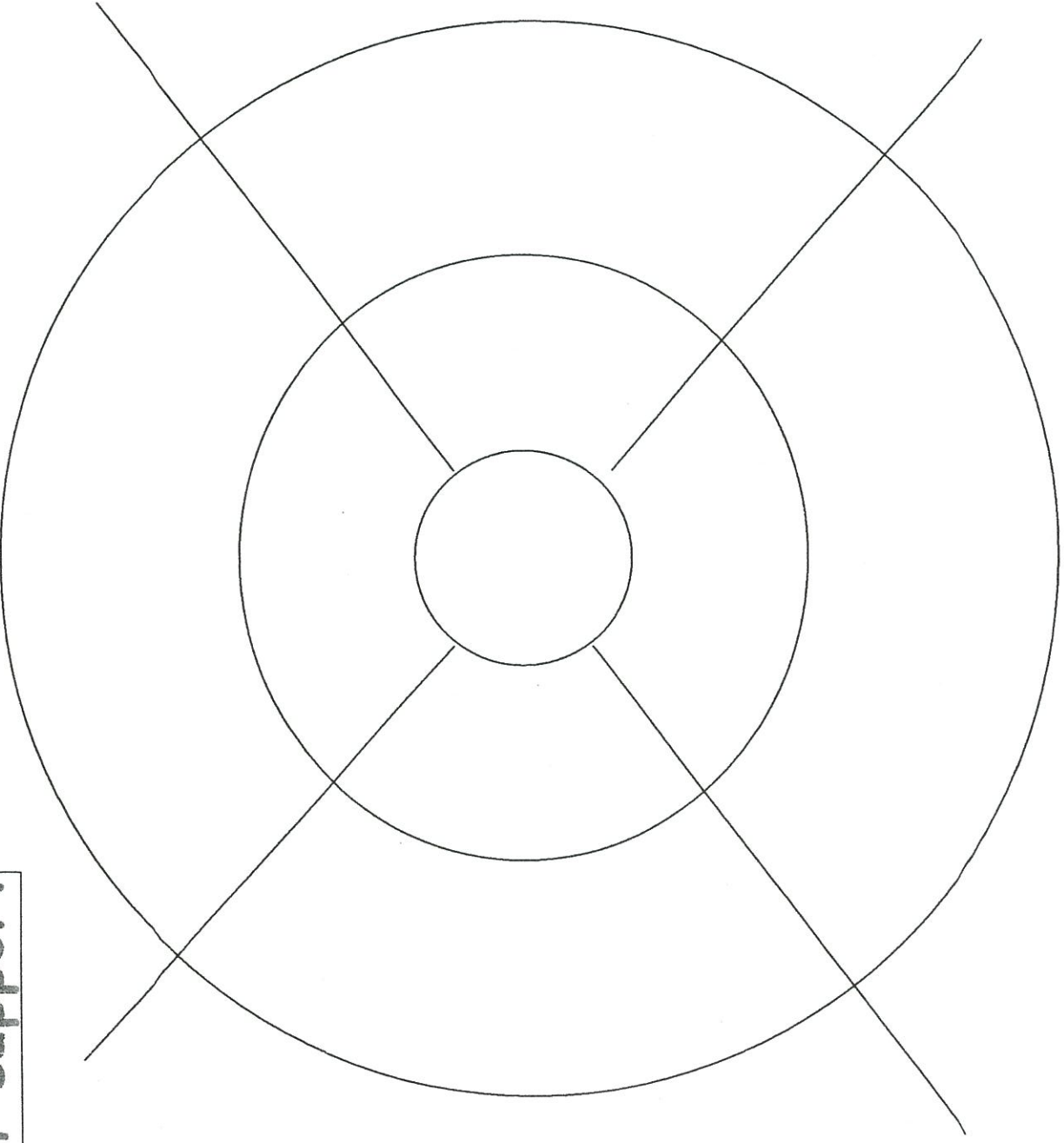
# My circle of support

My Family

My Friends

People who support me in other places or at other times

People who support me at school.



Looking at your circle of support, with whom would you usually share the following experiences:

1. Laugh really hard with.....
2. Tell an important secret.....
3. Get angry with.....
4. Cry in front of.....
5. Ask for help solving a problem.....
6. Invite home.....
7. Tell a family problem to.....

- Who do you feel most comfortable with in your circle of support?

- Do you feel you have enough support?

If not

- In which part of the circle area would you like to have more support?
- How could you increase the level of support?



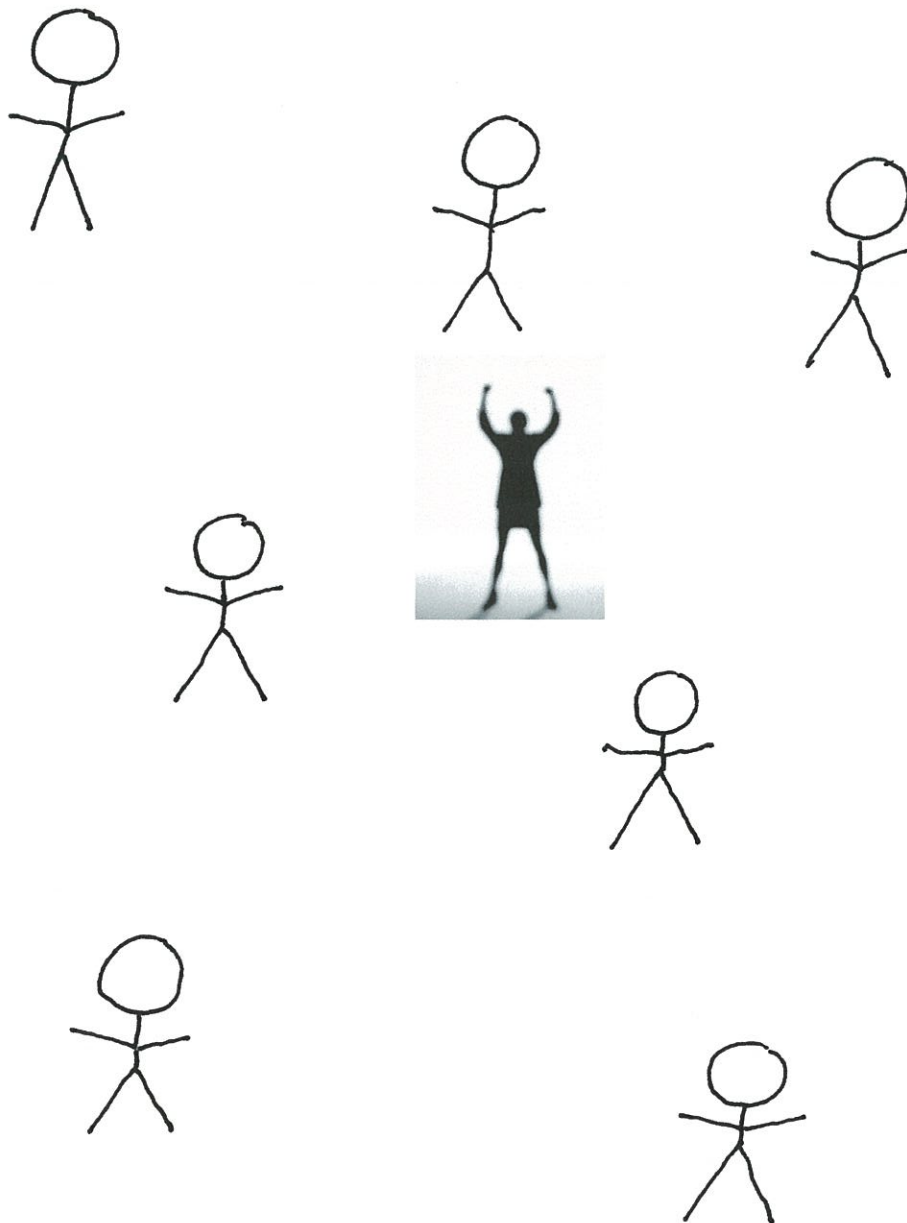


# Who do I trust?

Which of the important people in your life do you feel able to talk to and trust?

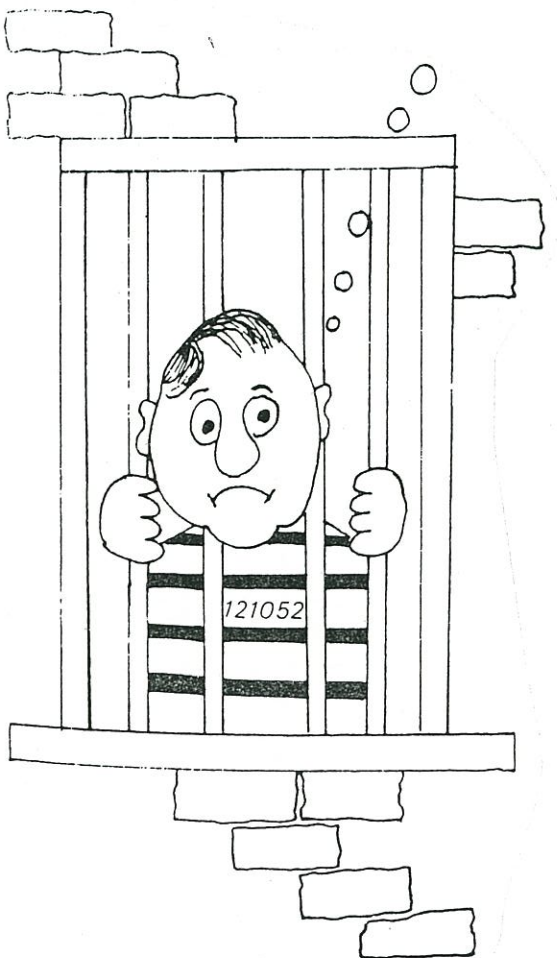
You are the person in the middle. The people who are closest to you are those you trust the most. The furthest away are the people you trust the least.

Write their names on the body and then write what information or feeling you could trust them with the most.



What happens in court?

**Write or draw what you think it will be like, then let's find out what really happens.**



What happens if the person I care about is on remand?

Let's find out when you can see .....

What will it be like?

What worries me?

When will ..... go back to court?