

**Example Staff Survey – HEYA Physical Activity**

Children’s physical activity

Please **circle** as appropriate

1. On a daily basis, how well do you think we prioritise and promote physical activity to the children (gross and fine motor)?

**Not very well**                      **Fairly well**                      **Very well**

**Comments** .....

2. How well do you think we promote home learning for physical activity to parents/ carers and families (through display / newsletters / discussion)?

**Not very well**                      **Fairly well**                      **Very well**

**Comments** .....

3. How confident are you to plan, set up and carry out **a wide variety** of physical activities with children in this setting (including energetic play for heart health)?

**Very confident**                      **Fairly confident**                      **Not confident**

**Comments** .....

4. Do you feel that training in physical development and active play should be a priority for yourself or for this setting?

**No**                      **Yes (self)**                      **Yes (whole setting)**

**Comments** .....

Staff physical activity

1. How well do you think we promote **staff** physical activity and wellbeing?

**Not very well**                      **Fairly well**                      **Very well**

**Comments** .....

2. How could we improve this? What are your views on this and what ideas do you have?

**Comments**.....  
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.....  
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Date Survey Completed: \_\_\_\_\_