



October 2018

ECaT

More than Words



Not just Words!

80% of our communication is non-verbal.
We naturally use gestures, facial expressions, body posture and different tones to our voice to communicate how we feel or what we want.

Challenge

- Does your body language reinforce what your words mean, or are you giving mixed messages?
Check that your words match your expression when you are talking with your child.
- Can you say and sign a favourite Nursery Rhyme with your child?

play

