



Example 1 Parent Survey – HEYA Physical Activity

Your childcare provider	Yes	No	Sometimes	Don't Know
Have you ever been asked to get involved in any new policies?				
Are new policies made available for you to read?				
Are your children asked about their views?				
Are you given chances to make comments about your child's care?				
Generally, do you feel sure that any comments made by parents/carers to staff about Healthy Eating and Physical Activity are taken into account?				
Physical Activity at the setting/childminders home				
Do you know who is responsible for physical activity?				
Is there a physical activity policy?				
Have you been encouraged to think about other ways of dropping off and/or picking up your child(ren) other than by car?				
Is there information on display about physical activity?				
Is there enough equipment, space and time for your child(ren) to be physically active?				
Does the layout of the play area(s) encourage and stimulate your child(ren) to be active?				
Are there any fun physical activity events for children and families to join in with?				
Are the likes and interests of the children considered in planning for physical activity?				
Does your child(ren) play indoors and outdoors daily?				
Is your child(ren) encouraged to be independent and take risks when playing?				
Do staff actively play with the children daily, e.g. running, skipping?				
Have you been offered or given information about physical activity?				
Have you been offered or given information about the benefits of physical activity?				

Name of Childcare Provider: _____

Date Survey Completed: _____