Would you like to get back into work but don't know how to?

If you have been out of work for a long time because of a health condition and want help to get back into work, **Solent Employment Support** can help you.

We can provide tailored support that includes advice on housing, healthcare and social services to support you to get and keep a job, or to find training opportunities.

Find out more

Southampton
Call **023 8091 7868** Email **francesca.prior@southampton.gov.uk**
Visit **southampton.gov.uk/EST**

Portsmouth
Call **023 9232 2827** Email **kathy.denham@portsmouthcc.gov.uk**

European Union
European Social Fund

Portsmouth CITY COUNCIL

SOUTHAMPTON CITY COUNCIL