

Southampton HEYA Action Plan Template: Healthy Eating

The purpose of this template is to enable you to record your action plan following training and the cascading of information to your staff team. It helps you to identify the gaps in your healthy eating provision and/or practice.

<p>Which of these areas do you need to make improvements on in order to work towards achieving the silver Healthy Eating award?</p> <p><i>(you can select as many as appropriate)</i></p>	<ul style="list-style-type: none"> <input type="checkbox"/> Approach to celebrations and parties <input type="checkbox"/> Foods brought into the setting by children/parents (this may include packed lunches and foods for parties) <input type="checkbox"/> Approach to birthdays <input type="checkbox"/> Curriculum links relating to food / healthy eating <input type="checkbox"/> Addressing portion sizes <input type="checkbox"/> Encouraging breastfeeding <input type="checkbox"/> Approach to rewards <input type="checkbox"/> Dining environment <input type="checkbox"/> Types of foods used in cooking and food-related activities <input type="checkbox"/> Communication of messages home <input type="checkbox"/> Staff training, health and wellbeing <input type="checkbox"/> Healthy eating policy <input type="checkbox"/> Other – please specify in the space below:
<p>TARGETS & ACTIONS: What are your desired goals and how do you plan to address these gaps?</p> <p><i>(For each area, what actions does your setting need to make in order to meet the award criteria in the Healthy Eating Theme? You can enlarge this box to make it as big as you need to record enough detail)</i></p>	
<p>TIME / COMPLETION DATE: When do you intend to address these gaps by?</p> <p><i>(Please state when you intend to address each of these gaps by, and planned completion/review date)</i></p>	
<p>Who is responsible for carrying out these actions to the address the gaps?</p>	
<p>SUCCESS CRITERIA: How will you know when you have addressed these gaps?</p> <p><i>(e.g. updated healthy eating policy, changes in foods being brought in, feedback from parents)</i></p>	
<p>How does your setting intend to consult with parents and carers about making additional changes at silver level?</p> <p><i>(e.g. through parent communication channels such as newsletters, emails, Tapestry; website; meetings)</i></p>	
<p>How does your setting intend to consult with staff / committee about making additional changes at silver level?</p>	