

# Recognising Self-Neglect

Some possible signs may include the following:

## SPOTTING SELF-NEGLECT #1

AN ADULT WHO SELF-NEGLECTS MAY LIVE IN VERY UNCLEAN ENVIRONMENT FOR EXAMPLE LIVING WITH A RODENT INFESTATION OR LIVING WITH A COMPLETELY BLOCKED TOILET.

## SPOTTING SELF-NEGLECT #2

AN ADULT THAT SELF-NEGLECTS MAY NEGLECT HOUSEHOLD MAINTENANCE, AND THEREFORE CREATE HAZARDS OR FIRE RISKS FOR EXAMPLE ROTTEN FLOORBOARDS CREATING TRIP HAZARDS; OR LACK OF BOILER OR ELECTRICAL MAINTENANCE.

## WHO CAN HELP?

In an emergency always **dial 999**.

Contact your Local Adult Services Team:

- If you live in **Hampshire** call 0300 5551386 (out of hours - 0300 5551373)
- If you live in **Southampton** call 023 8083 3003 (out of hours - 023 8023 3344)
- If you live in **Portsmouth** call 023 9268 0810 (same number out of hours)
- If you live on the **Isle of Wight** call 01983 814980 (out of hours - 01983 821105)

## Useful Links

- [4LSAB Multi Agency Guidance on Self Neglect](#)
- [SCIE Self Neglect: At a Glance Guide](#)
- [4LSAB Multiagency Risk Management Framework](#)

## SPOTTING SELF-NEGLECT #3

AN ADULT WHO SELF-NEGLECTS MAY REFUSE NECESSARY HELP FROM HEALTH AND/OR SOCIAL CARE STAFF IN RELATION TO PERSONAL HYGEINE AND CARE. THEY MAY HAVE POOR PERSONAL HYGEINE, POOR HEALING OR SORES, LONG TOENAILS.

## SPOTTING SELF-NEGLECT #4

AN ADULT WHO SELF-NEGLECTS MAY HAVE A POOR DIET AND NUTRITION. FOR EXAMPLE THERE IS LITTLE OR NO FRESH FOOD IN THE FRIDGE, OR FOOD IS MOULDY AND VERY OUT OF DATE.