

SOUTHAMPTON DAY SERVICES

June 2018

Southampton City Council

Issue 5

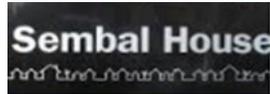
Issue No.5!

This issue we bring you the latest on our OTARS Badminton Competition and Penalty Shoot-Out. Plus we tell you all about our May Day Fayre! I hope you enjoy another full edition!

If you have anything you'd like to advertise in our Newsletter please get in touch:

paul.smith@southampton.gov.uk

REMEMBER: We are closed August 27th for Bank Holiday



Community Walking Group

By Woody Woodcock

Emma, Lindsey and Richard getting lost in the maze at West Quay!

I took some of our Service Users to West Quay to have a go at the Maze. We went on 27th of March, however they enjoyed it so much they requested to go again. So we also had another look Tuesday 17th April. They all really enjoyed it. "Fantastic" said Emma Harder, "Really good" said Lindsey Shirley. "We Beat the maze, it was quite easy but it was a lot of fun walking around it."



Penalty Shoot-Out!

By Lin Sherman

The penalty shootout was amazing. We had quite a few take part and everyone had a really great time. Steve, Sam, Pele, Rueben, Ben, Terry and Michael joined us from MLT in the Community and they very bravely went in goal – I think they were a little nervous at times especially Wayne on his turn!! We had cake and nibbles after the event which everyone enjoyed. We have raised a grand total of £576.10 for OTARS!. Many thanks to MLT in the Community for all the help and support they give us every week.

"£576.10 raised for OTARS!"



Trip To The New Forest

By Paul Smith

The photography group went along with the community access group out to The New Forest Centre to see the Ancient & Remarkable Trees exhibition. They really enjoyed

Special Exhibition: Ancient & Remarkable Trees of the New Forest
21 Apr - 8 Jul, open daily



looking at the pieces, picking out their favourites and explaining why they liked them. Lynsey liked the one with the story of the Witch and Anna liked the tree with all the autumnal colours. After the exhibit we then

found a spot in the Forest for a picnic. Thankfully the Horses left us to it. It was a really lovely day.



Trip To Acre Down Farm with Butts Road Club

By Abby Grant & Felicity Sibanda

On Tuesday April 24th, Carol, Steve and Beryl joined their Butts Road friends on a trip to Acre Down Farm, near Burley. We stopped off for lunch at Wilton Shopping Centre, and had a quick look around the shops, after having a bite to eat. After lunch we got back on the coach and continued our journey to Acre Down Farm. We enjoyed looking out the window at all the New Forest Ponies and Donkeys. Once we arrived at our destination we got off the coach and headed towards a lovely little tea room, decorated with tea pots and pretty china ornaments. Laid out before us were cream teas (scones) with butter and a choice of apricot and strawberry jam, cream and a large pot of tea. We thoroughly enjoyed them. After our cream teas, the nice ladies spoil us with a rather large slice of homemade cake. With heavy bellies we then made our way back to the coach for our return journey. We all had a lovely day out, which could have only been made better if the sun had decided to come out !

All are welcome to come along and join Butts Road Club for the over 50's, which happens every Tuesday from 1pm. Bingo, refreshments, raffle and on some weeks a singer to entertain us. Costs are £10 annual fee, £1 entry per week, £1 for strips for raffle, 50p for bingo.





May Day Fayre *By Lin Sherman*

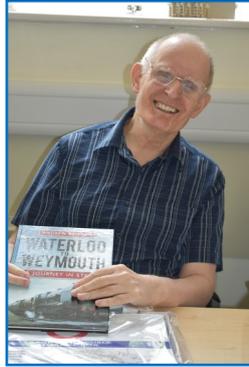
Our May Day Fayre went brilliantly on 4th May. Everyone really enjoyed taking part whether it be having a go on the stalls or helping to run the event. A huge thank you to all those who helped run a stall – these included cakes, jumble and bric a brac, crafts, lucky dip, raffle, chocolate tombola and plants. I have had some great feedback from people and we cannot wait for the next one. I would also like to thank Paul for taking the photos. We managed to raise a huge £512.85 with some money still to come in. The money will be divided between OTARS and Retts UK.



Two Big Birthday Celebrations!

By Lisa Wolf

Roy Masters celebrated his 70th birthday on 11th May. He was presented with some train related gifts (his favourite) including a book on steam trains, and a London Underground map box to keep his collection in. Everyone sang happy birthday to Roy and had some cake. He was very happy with his gifts and showed them off to the taxi driver when he arrived.



Richard Savage celebrated his 50th birthday on 2nd May. He received from the day service a book on classic 70's rock, his favourite era and genre which he really liked. The music appreciation session on the Wednesday afternoon was dedicated to Richard and he chose all his favourite songs including Status Quo and T-Rex and everyone sang happy birthday to him and had some chocolate cake. He really enjoyed his day.



OTARS Badminton Competition Ipswich *By Laura Phillips*

We had a fantastic weekend in Ipswich, despite the 2 hour delay on the way up! Everybody played really well on Saturday. Matthew and Gary won GOLD in the men's doubles. Gillian and Alison came 4th in the women's doubles. Matthew and Gillian won GOLD in the mixed doubles. Gary and Alison won BRONZE in the mixed doubles. They all played really well and put into practise everything they had learnt in the practise sessions. They only had approximately 2 hours doubles training, so they did really well. This was Matthews first time away from home. He really enjoyed himself and he was a fantastic team player when on the courts, helping the guys, showing them where to stand and what to do and he was really encouraging. He was Sue's star player for the day!! Thank you everyone for your messages of support and good luck.

Bex's Fun Fact

In Switzerland it is illegal to own just one guinea pig! Guinea pigs are tiny, sociable rodents that cannot bear being lonely. In fact, they could die from isolation! That is why in Switzerland they have an unusual animal welfare law that prohibits owners from keeping the tiny furry rodents on their own.



Football Sessions

Thursday Evenings 6:00-7:30

£5.00 per session

Held at Great Oaks School

Vermont Close Southampton SO16 7LT

For more info please ring 023 8083 4750 or 07974 022142

Zumba Sessions

Tuesday Evenings 7:30-8:30

£4.00 per session

Held at Freemantle Community Centre

Randolph Street Southampton SO15 3HE

For more info please ring 023 8083 4750 or 07974 022142



Many thanks to newsletter contributors:

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Southampton Day Services: Bringing people together

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