

SOUTHAMPTON DAY SERVICES

August 2017

Southampton City Council

Issue 2

Issue No.2!

We hope you enjoyed our very first issue. We had lots of positive feedback so thank you all very much for comments. Lets hope we make this issue as good as our debut!

If you have anything you'd like to advertise in our Newsletter please get in touch:

paul.smith@southampton.gov.uk

Service User Spotlight *Alan McDongal*

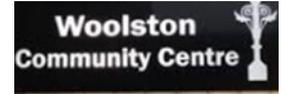
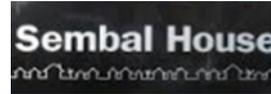


Alan has made a step forward onto his next journey. With the support from Martine Van-Den-Heuvel from Employment Support Team and our very own Tremaine Lovell, Alan has started volunteering at Paint Pots Nursery at Woodlands Community College. It's something he's always wanted to do and is really enjoying it. Plus, we've had some very positive feedback so well done Alan!

New sensory garden

By Karen Stevens

I'm currently designing a new sensory garden to compliment our new sensory room. Any ideas and suggestions or donations accepted. I am after old cds that we can make into mobiles if anyone has some at home that they don't mind parting with. Many thanks!



Meeting 'The Big Z!'

By Bex Beusmans

Thursday's community / walking group had a spot of entertainment in the guildhall square recently. As well as enjoying a nice lunch in the Artisan Café they got to have their photo taken with the 4 times World's strongest Man Žydrūnas Savickas Otherwise known as the 'Big Z'. As you might imagine as a world's strongest man he's quite a large chap! From Lithuania he weighs in at hefty 400lbs and a tall 6ft 3. He last won the WSM title in 2014.

As part of a promotion for the 'Ultimate Strongman' which was being hosted at St Mary's stadium he was in Southampton alongside local Strong man Arron Paige to take part in a tyre flip which is one of the popular events during competition. During this event they flip tyres in excess of 400lbs! TV coverage of Ultimate strong man can be found on freeview channel Dave at the end of the year.

If you fancy watching main event 'The World's Strongest Man' which this year is being hosted in Botswana you can find coverage of it over the Christmas period on Channel 5.



"Lee was very excited to meet The World's Strongest Man and The Big Z was only too happy to pose for photos with our guys." - Paul

Our New Sensory Room

Community Art Project with
Solent University Student Union



In June we had students from the Student Union of Southampton Solent University come along to paint a mural on the walls of our new sensory room. The sensory room is a vital part of our service for Service Users with complex needs, and allows them to experience visual and sensory stimulation.

The students who volunteered were Lewis Cleminson, Åsa Andersson, Jim Weller, Anna Pechocova, Ruxil Singh and Mollie Tuck. Rachel Benjamin who led the project also participated over the 4 days it took to complete.

The project was organised by Paul Smith who got in touch with Rachel from Solent University and the result as you can see has made a huge difference to the room, creating a much more relaxing yet stimulating vibe to the room.

Service Users took delight in popping in the room during the week to keep updated with artwork and to chat with the students.

We have received lots of positive feedback from everybody about how nice it now looks so a big thank-you to the artists who created something beautiful for us.

"The Volunteers thoroughly enjoyed their time supporting the Day Centre, and the staff and service users were very welcoming and grateful. The Staff and Service users popped in regularly and we're extremely happy with the results." - Paul Smith

Artisan Photography Competition.

By Terrie Alexander and Paul Smith

The Artisan Café are holding a photography competition. 3 of our Service users Sam Moss, Helen Burns and Anna Teoh have entered some remarkable pieces of work captured during our Photography sessions. These sessions are run by 2 of our Development Officers, Stacey and Terrie, and have become very popular. The group have a keen eye and have produced some lovely pieces of work. I'm sure you'll all join me in wishing Sam, Helen and Anna the best of luck!

Helen Burns Anna Teoh Sam Moss >



Bex's Fun Fact

A Swedish woman lost her wedding ring, and found it 16 years later growing on a carrot in her garden.!



Sheffield Special Olympics

By Carole Richardson

Over the last year myself, Dan and Laura have been busy with 10 Athletes, practising running, jumping, throwing and badminton in preparation for Sheffield.

The event consists of 400 Metres, 200 Metres, 100 Metres, 50 Metres, Long Jump, Standing Long Jump, Soft ball and Shot putt. Please join us in wishing Wayne, Sam, Lindsey, Lynsey, James, Richard, Adam, Gary, Alison and Gillian, the very best of luck. Keep up to date with latest info: www.southamptonotars.co.uk

Due to the high demand from athletes and families, unfortunately there are no wheelchair accessible seats left for the Opening Ceremony



Tickets for Special Olympics Opening Ceremony now on sale

OPENING CEREMONY PRESENTERS



Jim Carter
Downton Abbey Actor



Chris Kamara
Former Footballer & Sports Television Star



Suzi Perry
Television Presenter

OPENING CEREMONY ARTISTS

TONY HADLEY
Toseland
with Chorus UK

Rationale Theatre Company presents
Under the Stars
Sheffield Lion Dance – Team Katalyst Dancing/Tricking
Team Power Stilts – Pole Athletes – Aim to Dance – Kansaze
Autism Plus – So Damn Kreative (SDK) – Para Cheer

Games Mascot Summer and Ash

Bramall Lane Stadium
Tuesday 8th August 2017
Doors Open 15.30pm
Event 17.00pm - 21.00pm

Ticket Prices

ADULT - £8.00
OVER 60/DISABLED - £6.00
UNDER 16/STUDENT - £5.00
Stands for sale - KOP ONLY



#SeeingIsBelieving

#Sheffield17

Presenting Sponsor



Games Partner



Games Sponsors



Opening Ceremony



Many thanks to newsletter contributors: Rebecca Beusmans: Development Officer, Terrie Alexander: Development Officer, Paul Smith: Project Officer, Stacey Shirley: Development Officer,

Newsletter Editor: Paul Smith, Project Officer.

Team Manager: Alison Gilroy.

Southampton Day Services: Bringing people together



SPECIAL OLYMPICS
GB NATIONAL GAMES
SHEFFIELD 2017

