

DECISION-MAKER:	HEALTH AND WELLBEING BOARD		
SUBJECT:	THE DIRECTOR OF PUBLIC HEALTH ANNUAL REPORT		
DATE OF DECISION:	19 December 2018		
REPORT OF:	THE DIRECTOR OF PUBLIC HEALTH		
<u>CONTACT DETAILS</u>			
AUTHOR:	Name:	Jason Horsley Joint Director of Public Health	Tel: 023 8083 3318
	E-mail:	Jason.horsley@southampton.gov.uk	
Director	Name:	Jason Horsley Joint Director of Public Health: Southampton City Council and Portsmouth City Council	Tel: 023 8083 3818
	E-mail:	Jason.horsley@southampton.gov.uk	

STATEMENT OF CONFIDENTIALITY	
NOT APPLICABLE	
BRIEF SUMMARY	
<p>The Southampton Director of Public Health Annual Report 2017 focuses on Childhood Obesity. Obesity harms children's physical and emotional health in their childhood and is likely to go on to harm their adult health, cutting short lives and placing further strain on health services.</p>	
<p>This report is an independent review written by the Joint Director of Public Health for Southampton and Portsmouth. This is the first joint report written jointly for both Southampton and Portsmouth, since the introduction of a joint Director in 2016. There are benefits in developing a joint report for the two cities, as they share a number of similar characteristics. They are both Port cities, close to London, and they both have significant pockets of deprivation which makes addressing the public health problems more challenging. The recommendations in the report are therefore applicable to both cities.</p>	
RECOMMENDATIONS:	
(i)	To note the Director of Public Health Annual Report 2017
REASONS FOR REPORT RECOMMENDATIONS	
1.	The Director of Public Health has a duty to prepare an annual report on the health of the people of Southampton, and the council has a duty to publish this report under section 73B(5) & (6) of the National Health Service Act 2006, inserted by section 31 of the Health and Social Care Act 2012).
ALTERNATIVE OPTIONS CONSIDERED AND REJECTED	
2.	None
DETAIL (Including consultation carried out)	
3.	Childhood Obesity is a serious problem confronting both the current generation and also future generations, since the consequences of childhood obesity

	impact both on the individuals affected, and also on wider society as we battle to make our stretched healthcare resources work effectively.
4.	<p>Rates of obesity in children have continued to climb in the UK, over the last decade and rates in Southampton and Portsmouth are similar to those seen in our statistical neighbours (cities with similar profiles and similar levels of deprivation). Nationally, rates of childhood obesity are high, and are much higher than they were 20 years ago.</p> <ul style="list-style-type: none"> • More than 1 in 5 five-year-olds in England are obese or overweight. • By year 6 (age 11) this is one in three. <p>Overweight adolescents have a 70% chance of becoming overweight adults.</p>
5.	At a simple level, rising rates of childhood obesity results from a reduced level of physical activity in children and diets that are too reliant on high calorie processed foods. However, there are a number of cultural shifts underlying these simple drivers that should be recognised.
6.	The attached Annual Report 2017 makes a case that existing activity and interventions, while helpful, are not enough to address the issue of Childhood Obesity in Southampton and Portsmouth. The report includes examples of work that already exists, but that either needs to be done more often or replicated across a wider area and well as international models that appear to have been effective.
RESOURCE IMPLICATIONS	
<u>Capital/Revenue</u>	
7.	None
<u>Property/Other</u>	
8.	None
LEGAL IMPLICATIONS	
<u>Statutory power to undertake proposals in the report:</u>	
9.	The Director of Public Health has a duty to prepare an annual report on the health of the people in the area of the local authority, and the local authority has a duty to publish the report under section 73B(5) & (6) of the National Health Service Act 2006 , inserted by section 31 of the Health and Social Care Act 2012. The content and structure of the report is something to be decided locally.
<u>Other Legal Implications:</u>	
10.	N/A
RISK MANAGEMENT IMPLICATIONS	
11.	None
POLICY FRAMEWORK IMPLICATIONS	
12.	None

KEY DECISION?	No
WARDS/COMMUNITIES AFFECTED:	All wards

<u>SUPPORTING DOCUMENTATION</u>	
Appendices	
1.	DPH Annual Report 2017 – Childhood Obesity
Documents In Members' Rooms	
1.	None
Equality Impact Assessment	
Do the implications/subject of the report require an Equality and Safety Impact Assessment (ESIA) to be carried out.	No
Privacy Impact Assessment	
Do the implications/subject of the report require a Privacy Impact Assessment (PIA) to be carried out.	No
Other Background Documents	
Other Background documents available for inspection at:	
Title of Background Paper(s)	Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)
1.	None