

[Health and Wellbeing Strategy \(southampton.gov.uk\)](https://southampton.gov.uk), 2017-2025. Progress update October 2022

Priority Commitments	Lead agencies, departments & services	Latest achievements and activities
<b>People in Southampton live active, safe and independent lives and manage their own health and wellbeing</b>		
1.1 Encourage and promote healthier lifestyle choices and behaviour, with a focus on smoking, alcohol / drug use, physical activity, and a healthy weight, including walking and cycling more.	SCC Public Health	<p>Smoking</p> <ul style="list-style-type: none"> <li>- New training and quality improvement service commenced, Southampton Smokefree Solutions, supporting local health &amp; care providers to enable people to be smokefree</li> <li>- Smoking cessation embedded in maternity service and NHS Lung Health Checks service at University Hospital Southampton</li> <li>- Primary Care Networks providing stop smoking support, in addition to open-access services in commissioned Pharmacies</li> <li>- Developing plans to support mental health, drug and alcohol and homelessness services to be smokefree</li> <li>- "Quit for Covid" campaign</li> </ul> <p>Physical activity</p> <ul style="list-style-type: none"> <li>- The Southampton Health and Wellbeing Board adopted the We Can Be Active (WCBA) Strategy in March 2022</li> <li>- A new Physical Activity Alliance (PAA), made up of internal and external partners, held a workshop in April 2022 to develop the Action Plan for the WCBA Strategy</li> <li>- The WCBA Strategy and Action Plan supports the Leisure vision for the city</li> <li>- The PAA meets quarterly to review progress on the Action Plan and to work collaboratively to inspire and support active lifestyles so that all residents can be active in a way that suits them</li> <li>- In January 2022 voluntary and community groups were invited to apply for 'Active Communities' grants of up to £5k towards projects that would support our target groups to become more active. Funding was distributed in Feb/March 2022 to 7 projects which included an over 50's Lunch club with seated exercises classes, wheelchair accessible planters and swimming lessons for African men</li> <li>- A Physical Activity Community Navigator has been employed as part of a pilot project to support people who are inactive to move more</li> <li>- Implementation of the WCBA Action Plan is possible because of the active engagement of PAA members who represent a vast range of organisations and disciplines, including Sustainable Travel, physical activity providers, voluntary sector, town planning and the CYP/early years sector</li> </ul> <p>Healthy weight</p> <ul style="list-style-type: none"> <li>- National "Better Health" campaign and NHS online tools promoted locally</li> <li>- Childhood obesity Cabinet Action Plan includes intergenerational prevention and the food environment</li> </ul> <p>Alcohol/drug use</p> <ul style="list-style-type: none"> <li>- New telephone support line for alcohol</li> <li>- Successful bid for extra PHE funding for drugs services</li> <li>- Young People's service provides educational sessions about risk in secondary schools</li> <li>- New Tobacco, Alcohol and Drugs strategy developed during 2022, for Cabinet approval in December 2022.</li> </ul>
1.2 Encourage and promote healthy relationships and wellbeing of individuals of all ages, carers and families, particularly for those at risk of harm and the most vulnerable groups through increasing early help and support.	SCC Public Health	<p>Sexual health</p> <ul style="list-style-type: none"> <li>- Current services continue to provide targeted support to vulnerable groups (i.e. teenagers, homeless population, sex workers, men who have sex with men)</li> <li>- Sexual Health Improvement plan 2020-24 is in place, although delayed by COVID-19. Current priorities include identifying and reducing inequalities in sexual health, equitable provision of Emergency Hormone Contraceptive, and quality and access to Long Acting Reversible Contraceptive</li> <li>- Needs assessment completed to inform new sexual health improvement programme and support sexual health service commissioning to improve outcomes in the city</li> </ul> <p>Children and young people</p> <ul style="list-style-type: none"> <li>- The Children and Young People's Strategy 2022-27 has been completed, along with eight strategic plans for delivery, including the prevention and early intervention plan. The Children and Young People's Strategic Partnership and a number of subgroups have been established to provide oversight of these strategies.</li> <li>- Southampton City Council has been awarded funding for the Family Hubs and Start for Life Programme which includes work across six priority areas including the development of Family Hubs in the city.</li> </ul>

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		<p>Vulnerable groups</p> <ul style="list-style-type: none"> <li>- Phoenix@Pause Southampton service has been supporting vulnerable women who have had multiple children taken into care to meet their complex needs (e.g. mental health, domestic violence, substance use, housing), and is demonstrating good outcomes. The first cohort of women supported by the service have now completed the programme and work with the second cohort is underway. The service recently introduced a bespoke therapeutic pathway which is supporting the women psychologically.</li> <li>- Holistic outreach service commissioned to support women who sell sex on the street</li> <li>- Domestic Abuse Cabinet Action Plan in place</li> </ul> <p>Carers</p> <ul style="list-style-type: none"> <li>- Strong programme of reaching out to carers (paid and unpaid) to promote the Covid Vaccination programme</li> </ul>
<p>1.3 Support people to be more independent in their own home and through access to their local community making best use of digital tools including Telecare.</p>	<p>Southampton's Local Area Team (previously ICU)</p>	<ul style="list-style-type: none"> <li>- ICB funded Communicare : Hello Southampton offering daily phone call health and wellbeing check-ins by volunteers, Home Welcome - a good neighbour visiting people after illness or hospital discharge</li> <li>- SO:Linked So:Connect digital inclusion project</li> <li>- Piloting of Domestic Navigation scheme providing an alternative to home care provision, with good neighbours, digital support for shopping, development and access to food pantries across the City, Welfare rights support to maximise incomes to provide income to afford non-registered home help support. Initial funded home help to bridge support.</li> <li>- A continued flexible and creative approach to reaching those in need and promoting their independence and wellbeing has been at the centre of what SO:Linked has done in recent months</li> <li>- A network of Social Prescribers and Community Navigators has been developed to promote sharing of good practice and continue to innovate and promote access to community assets</li> <li>- Working with CVSE organisations to promote 'digital enabling' aiming to reach more people through this approach, building on the successes during the pandemic response</li> <li>- ICB funded Warm Spaces for Elderly Frail and patients with respiratory needs in fuel poverty, coordinated by SO:Linked. Development of a Warm Spaces map, Single referral route through Community Navigation service, Small grants to community and luncheon clubs, Mobile Information POD for remote access to Advice Southampton Support, emergency equipment/supplies for urgent needs. Additional Warm Spaces capacity provided by Saints Foundation, Age UK Southampton and Spectrum. Additional volunteers for above supported by Communicare.</li> </ul>
<p>1.4 Ensure that information and advice is coordinated and accessible</p>	<p>Southampton's Local Area Team (previously ICU)</p>	<ul style="list-style-type: none"> <li>- Advice Southampton consortium of providers of advice information and guidance services. Development of information pods allowing access to AIG (Advice, Information and Guidance) services remotely (avoiding need for bus journey). Continued development of information pods has been a feature this year working in collaboration with the city's libraries.</li> <li>- AIG has continued to adapt to the changing need more recently to the rising demand for advice and support with cost of living challenges.</li> <li>- Promoting debt advice through nationally funded Money and Pensions Service, sustaining the service during a time of uncertainty regarding longer term funding and position.</li> </ul>
<p>1.5 Prioritise and promote mental health and wellbeing as being equally important as physical health.</p>	<p>SCC Public Health</p>	<ul style="list-style-type: none"> <li>- Connect 5 mental health training has been available for frontline workers across the city who are in contact with residents, particularly those who are vulnerable to mental ill health and suicide. Over 120 people have been trained in Southampton so far.</li> <li>- Continued support for mental health campaigns including Time to Talk, World Mental Health Day and Suicide Prevention Day.</li> <li>- Other public health campaigns highlight mental health benefits of physical activity, reducing drinking and stopping smoking.</li> </ul> <p>Suicide prevention</p> <ul style="list-style-type: none"> <li>- HIOW ICS Suicide prevention programme ended this year - 3-year programme of work across HIOW. The programme has launched a HIOW suicide specific bereavement support service, grants have been awarded to voluntary, community and social enterprise organisations to deliver innovative local projects to reduce suicide, a training package for primary care has been developed and launched, a post working across mental health and substance use teams has been funded, training for frontline workers has been commissioned, a Real Time Surveillance (RTS) system is being developed, and a self-harm support service tender has been awarded and due to launch in the winter.</li> <li>- Work is ongoing to increase the representation and involvement of people with living experience (PLE) in suicide prevention work in Southampton</li> </ul>

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		<ul style="list-style-type: none"> <li>- Southampton Suicide Audit 2019-20 has been completed and will inform the Southampton Suicide Prevention Plan and work of the Suicide Prevention Partnership</li> <li>- An ICS mental health needs assessment has been completed</li> <li>- Planning is underway to sign up to the Prevention Concordat for Better Mental Health (once full approval from HWBB received)</li> </ul>
<p>1.6 Increase access to appropriate mental health services as early as possible and when they are needed.</p>	<p>Southampton's Local Area Team (previously ICU)</p>	<p>Community Transformation "No Wrong Door" Programme</p> <ul style="list-style-type: none"> <li>- Achievement of 'exemplary' quality mark for Southampton Mental Health Individual Placement and Support Service and achieved target to provide access to 210 people with severe and enduring mental health issues.</li> <li>- Establishment of local delivery group for 16 – 25 year olds mental health pathways, involving local statutory, voluntary and service user organisations with co-production to develop pathways.</li> <li>- Development of Hub and Spoke model for Adult Eating Disorders and establishment of SHFT Eating Disorders Hub and development of physical Health Check in Adult Eating Disorders Local Incentive Scheme.</li> <li>- Dedicated Southampton City Mental Health Partnership Board, with collaboration between ICB, PCNs, SHFT, DHUFT (IAPT) and VSCE.</li> <li>- Community Mental Health Transformation with collaborative development of new PCN based Enhanced Primary Care Mental Health roles, and leadership in place delivering evidence based individual and group intervention in Primary Care settings.</li> <li>- Embedding integrated working between Primary Care, IAPT and secondary care services with work towards no referrals progressing</li> <li>- Serious Mental Illness physical health check facilitator providing training and support to Primary Care and outreach support, alongside provision of point of care testing technology in every GP Practice and piloting one stop clinics to increase uptake.</li> <li>- Complete Mental Health Housing Needs Assessment and published Market Position Statement</li> <li>- Launch Southampton grant giving scheme to strengthen VCSE growth and building community assets, development of Saints by you Side programme for men, and Mayfield Nurseries horticultural therapy programme.</li> <li>- Development of Southampton Mental Health Network and Southampton Mental Illness Lived Experience (SMILE) Network to make Southampton a "Mental Health Friendly City".</li> <li>- Additional Mental Health support for Rough Sleepers with mental health and psychology staff co-located and integrated alongside rough sleeping drug and alcohol team</li> <li>- Achieved target of 60% of people experiencing first episode psychosis being treated with a NICE recommended package of care within two weeks of referral</li> <li>- Introduction of Early Intervention in Psychosis cannabis prevention peer-led group providing support and psychoeducation</li> <li>- Gambling Harm Clinic launch in Southampton with expansion plans across ICS</li> <li>- Increased expansion of the ICS Wide Mental Health Rapid Response vehicle with demonstrated reduced conveyance to the Emergency Department with an increase in See and Treat.</li> <li>- ICS Wide funding for dedicated Mental Health crisis care liaison lead in South Central Ambulance supporting the bi-lateral management and strategic transformation and SCAS in regard to Mental Health Response and on-scene support.</li> <li>- ICS achievement of NHS England Assurance Quarterly targets for Mental Health Crisis Care 'all age'.</li> <li>- ICS led extension of the Secure Care UK Mental Health Transport Services to secure transport provision and capacity.</li> <li>- ICS led co-ordination of the Mental Health Resilience and Winter Operating Plan supporting Urgent and Emergency Care colleagues.</li> <li>- Supporting the expansion of crisis alternatives in Southampton with the development of a second Lighthouse in Bitterne and contribution towards the Academic Health Science Network evaluation of the Crisis Alternative services.</li> <li>- Roll out of the Collaborative Assessments and Management of Suicidality training across Southern Health in partnership with Public Health and a Health Education England.</li> <li>- Contract award of the Suicide and Bereavement Support Service (Amparo) as part of Suicide Prevention Wave funding to meet ICS plans and targeted approach from NHSE.</li> <li>- ICS Wide Mental Health Digital development of SHOUT to increase digital access to people in mental health crisis, text 'HANTS' to 85258, linked back to the 111 Mental Health Triage Service.</li> <li>- Southern Health Abbey Ward mobilisation of estate completed to provide an additional 10 female psychiatric intensive care beds for the ICS population.</li> <li>- Investment to meet CORE 24 standards for psychiatric liaison services at UHS with agreed phased workforce plans in place over two years</li> </ul> <p>Improved access to evidence-based psychological therapies</p>

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		<ul style="list-style-type: none"> <li>- Mobilisation of new contract and re-design of service provision to localities aligning with Enhanced Community Transformation</li> <li>- Development of Community Development role to work alongside less represented groups to increase access and advance equalities</li> <li>- Integrated working with Enhanced Primary Care Mental Health Teams</li> <li>- Development of digital direct bookable slots in GP Practices</li> <li>- Delivery of general access Cost of Living webinar across all GP Practices</li> <li>- Joint Working Protocol in place with Change, Grow, Live and No Limits, Southampton's Substance Use Disorder Service providers for people with a co-occurring mental health and substance disorder conditions</li> </ul> <p>Dementia</p> <ul style="list-style-type: none"> <li>- Southampton Dementia Festival showcasing information about city-wide services and support opportunities for those people living with dementia, their family and carers</li> <li>- Re-commissioning of Dementia Friendly Southampton bringing together community groups, charities, businesses, local government and local residents</li> <li>- Increase in provision of Memory Cafes in the city and delivery of Dementia Navigation</li> </ul>
1.7 Make every contact count by ensuring all agencies are able to identify individual needs and respond /refer to services as appropriate.	SCC Public Health and Southampton's Local Area Team (previously ICU)	<ul style="list-style-type: none"> <li>- Making Every Contact Count (MECC) training paused by Health Education England (HEE) during Covid19, programme now restarting.</li> <li>- MECC training offered to Primary Care Networks, Citizen's Advice and available to all NHS organisations.</li> <li>- Links made with health protection and stronger communities team to train COVID/community engagement officers in MECC</li> <li>- Supporting the HEE project to offer MECC training focussed on alcohol to GP practices</li> <li>- Investigating links to SCC customer service programme</li> <li>- Specified in key health and care contracts</li> </ul>
1.8 Promote access to immunisation and population screening programmes.	NHS England, HIOW ICS, SCC Public Health	<p>Covid-19 vaccination</p> <ul style="list-style-type: none"> <li>- Integrated support for programme across NHS and Local Authority partners</li> <li>- Vaccine champions programme recruited paid and unpaid champions across communities to deliver activities and support local residents to access vaccination</li> <li>- Evergreen offer of vaccination and continued approaches to provide 'drop in' offers in community venues and at events e.g.jobs and wellbeing fair and community venues across the city and there has been a decrease in the number of unvaccinated individuals (for both first or second doses) across all age groups. The booster programme continues with the support of vaccination champions to engage communities less likely to access vaccinations.</li> </ul> <p>Immunisation and screening programmes</p> <ul style="list-style-type: none"> <li>- NHSE review of covid impact on uptake, local programme in place to increase uptake in recovery with key target dates for delivery</li> <li>- Preparations for Hampshire and Isle of Wight Integrated Care Board responsibilities on immunisation and screening</li> <li>- Delivery of NHS Health Checks by General Practice continues, with an increase in offers of health checks and take up of that offer by residents in the last quarter. A catch up of people who weren't invited as a result of the Covid-19 pandemic is not planned at present, as activity has increased naturally in line with capacity, this will continue to be monitored.</li> </ul>
<b>Inequalities in health outcomes are reduced.</b>		
2.1 Reduce the health inequality gap between the most deprived and least deprived neighbourhoods in the city through a community based approach that is proportionate to level of need.	Southampton's Local Area Team (previously ICU), SCC Public Health	<ul style="list-style-type: none"> <li>- Green network is now in place and working with partners to develop opportunities to grow, cook and eat together across the generations.</li> <li>- Digital inclusion through SO:Connect, is now a standard part of the community development and navigation work of the city.</li> <li>- SCC led COVID champions scheme working with community representatives to share COVID information and bridge between the council and communities to improve wider health needs</li> <li>- COVID vaccination champions scheme funding and engaging with communities to support access to COVID vaccination with a focus on groups with lowest uptake, including areas of deprivation</li> <li>- Continuing the work of the local solutions groups, within individual communities, to promote services available and identify gaps in provision.</li> </ul>
2.2 Take action to improve men's health to reduce the difference between male and	SCC Public Health	<ul style="list-style-type: none"> <li>- All public health activities and communications are needs-led, where access and uptake is low for males, provision is increased and more targeted – proportionate to this increased need</li> </ul>

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female life expectancy through community based initiative to deliver behaviour change.		<ul style="list-style-type: none"> <li>- Southampton's Covid-19 vaccination campaigns, COVID vaccination champions and pop up opportunities targeting priority groups, geographical areas and occupations where uptake low, males having lower uptake than females in many of these groups</li> <li>- Suicide prevention programme includes a second year of innovation fund projects that focus on suicide prevention through innovative models of delivery in the community</li> <li>- Men are identified as a high-risk group in the Southampton Suicide Prevention Plan 2020-23</li> <li>- Community services for smoking, alcohol, drugs and cardiovascular disease risk screening through NHS Health Checks. Rates all typically higher among men.</li> </ul>
2.3 Reduce inequalities in early child development by ensuring good provision of maternity services, childcare, parenting and early years support.	SCC Public Health and Southampton's Local Area Team (previously ICU)	<ul style="list-style-type: none"> <li>- Maternity services offering stop smoking support to pregnant women who are smokers with behavioural support and direct supply NRT.</li> <li>- Maternity service supporting covid-19 vaccination of pregnant women and encouraging young women considering pregnancy to get vaccinated</li> <li>- Continued delivery of healthy child programme with a focus on the 5 mandated contacts and targeted support for those who need it</li> <li>- Continued delivery of Family Nurse Partnership (FNP) to support young parents to ensure best start in life</li> <li>- Continued delivery, and extension to further venues, of Healthy Early Years Award (HEYA)</li> <li>- Awarding of start for Life funding and ongoing Development of Family Hubs</li> </ul>
2.4 Work with schools to improve healthy life style choice and mental wellbeing and reduce adolescent risk taking	SCC Public Health	<ul style="list-style-type: none"> <li>- Work with Lifelab to support children's understanding of covid-19 in primary and secondary schools and rollout of the covid-19 testing programme</li> <li>- Work to increase engagement with Healthy High 5 award in primary and secondary schools across the city</li> <li>- Health protection team support to schools in the event of outbreaks and to provide preventative advice and support with risk assessments</li> <li>- Schools continue to have access to expert advice, guidance and resources from the PSHE Association in response to the statutory RSHE curriculum</li> <li>- Four mental health support teams (MHST) fully mobilised in Southampton covering ~90% of school and college pupils.</li> <li>- Delivery of Anna Freud and SCC workshops with schools and other partners.</li> <li>- Educational sessions on drugs offered to all secondary schools</li> <li>- COVID vaccination champions programme recruited primary schools as champions to disseminate "let's talk about COVID-19 jabs" and "living with COVID" information, face masks and hand sanitisers to approximately 10,000 children across 26 primary schools and run an artwork competition (with prizes awarded by the Mayor) to promote safe behaviours.</li> </ul>
2.5 Target access to advice and navigation to services for those who are most at risk and in need to improve their health outcomes.	Southampton's Local Area Team (previously ICU)	See 1.4
2.6 Ensure that health inequalities are taken into account in policy development, commissioning and service delivery.	SCC Public Health	<ul style="list-style-type: none"> <li>- This priority is built into aligned strategies and plans to ensure delivery</li> <li>- Development of a health in all policies framework held by the Health and Wellbeing Board to track progress</li> </ul>
2.7 Provide support to help people access and sustain quality jobs, targeting those who are long term unemployed or with families.	Employment services SCC	<ul style="list-style-type: none"> <li>- Service provides high quality and timely advice to residents from ages 16 and above; particularly those who are measurably disadvantaged in the labour market, including people with neuro-diversity, Secondary mental health conditions, people with a learning disability, new mothers returning to work, young adults, tenants of the Council, people with Musculo skeletal conditions, and people recovering from substance or alcohol abuse</li> <li>- The Service is funded entirely through grants/commissions secured with DWP, NHS, ICU, Southern Health, DLUHC, Adult Services and the EU, to provide ongoing unemployment support to disadvantaged people</li> <li>- The Service has secured a number of awards during 2022 including; Exemplary status (IPS), Matrix accreditation, and BASE Team of the Year</li> <li>- The service is also active in helping us plan for and understand the different risks that communities across the city will endure from the impact of growing unemployment, below entry level skills and dealing with debt and poor mobility – linking into Levelling Up agenda to guide our anti-poverty response, promote prosperity and work together through the auspices of Southampton Connect and the Economic and Green Growth Strategy. The team led on the development of the 3 year Implementation Plan for the UK Shared Prosperity Fund, and is the lead partner for the Multiply (Improving basic numeracy skills for adults) programme</li> <li>- The Adult and Community Learning programme continues to provide entry level and employment skills to disadvantaged adults in our City, and learner numbers are noticeably improving following the suppressed numbers</li> </ul>

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		during the Pandemic. Priority Groups include people with a declared learning difficulty or health condition, Learners from Black, Asian or Minority Ethnic communities, Unemployed people, and residents who do not have a full level 2 qualification
<b>Southampton is a healthy place to live and work with strong, active communities</b>		
3.1 Support development of community networks, making best use of digital technology, community assets and open spaces.	SCC Stronger Communities team with Southampton's Local Area Team (previously ICU)	<ul style="list-style-type: none"> <li>- SO:Linked developed a Social Prescribing network for the city, funded by NHS England and Improvement to share resources, training and develop a health &amp; social care system service improvement plan for the function of Social Prescribing.</li> <li>- Stronger Communities team is growing and strengthening community engagement networks, attracting significant media interest in its activities and increased demand for the team's input to a range of issues (flytipping, health inequalities, ASB, youth participation)</li> <li>- A new engagement leads network has been convened and has met six times, proving to be an effective and growing forum for engagement leads to compare and share activity city wide.</li> <li>- The Community Engagement and Cohesion Team have taken significant strides in raising SCC's profile by being available and present, gathering community insights and coordinating engagement activities. Successes include:</li> <li>- Piloting of Love Where You Live events in Harefield and Newtown preceded by thousands of door knocks pre-event, delivering a Community Day with a range of themed zones for agencies, community programmes and residents to interact and respond to a locally derived issue; the model has led to a commitment to deliver a minimum of six events in 2023 in left behind neighbourhoods applying the mantra 'build up', 'turn up' and 'follow up'</li> <li>- The teams have been heavily invested in organising street level engagements to survey residents impacted by anti-social behaviour</li> <li>- The COVID Champions network evolved into the Vaccine Champions programme, supporting a broad span of grant funded initiatives to tackle vaccine hesitancy and support take up; the approach has grown to most recently delivering a Job and Wellbeing fair attended by 300 job seeking residents, which itself has grown from a range of Health Hubs delivered via the programme..</li> <li>- The SO:Let's Connect forum is exploring the voluntary sector's capacity to utilise and benefit from digital technology</li> <li>- The Stronger Communities team has also been active in supporting a range of sports-based initiatives, such as the Positive Through Football meeting, Energise Me, legacy work for the Euros 2022 and the Saints Foundations Active Through Football Community programme. The team is leading the cities response to the Playzone Initiative, Football Foundation funded capital investment to improve multi-use games areas in areas with lowest physical activity</li> <li>- Stronger Communities is working with a national charity, the Young People's Foundation Trust to create a Local Youth Partnership of youth sector organisations.</li> <li>- Southampton has been accepted onto the UNICEF UK Accredited Child Friendly Cities programme and is the first city on the South Coast to do so. Our ambitions for a Child Friendly City have involved engagements with 2000 plus children to understand their priorities for the delivery phase.</li> <li>- SO:Linked local solutions groups continue to develop. Mapping of available resources. This has enablement the development of the SOLID (SO:Linked Community Directory) which works in collaboration with the Southampton Information Directory.</li> <li>- Developing responses to need (e.g. Men in Sheds/Youth Clubs)</li> <li>- Supporting communities to get involved with the City of Culture Bid</li> <li>- SO:Linked in the process of working with local solution groups to define the current community asset offer for various target groups (e.g. Children and families/adults with mental health needs/older people/Carers)</li> <li>- SO:Linked delivering infrastructure that supports network development, along with CVSE organisations.</li> </ul>
3.2 Improve housing standards and reduce illness and avoidable deaths related to fuel poverty.	SCC Public Health	<ul style="list-style-type: none"> <li>- Through Advice Southampton Environment TEC have offered support to residents in fuel poverty</li> <li>- Southampton Warmth for All Partnership continues and is chaired by the Director of Public Health</li> <li>- Increased City-wide action in Winter 2022 to raise awareness of benefits and interventions to reduce illness through 'cost of living' work</li> </ul>
3.3 Develop an understanding of, and response to, social isolation and loneliness in the city.	Southampton's Local Area Team (previously ICU)	<ul style="list-style-type: none"> <li>- So:Linked mapped community assets and available on website - SOLID</li> <li>- Continue to access GENIE tool to reduce loneliness</li> <li>- Carers in Southampton</li> <li>- Increased City-wide action in Winter 2022 to improve social connections and opportunities for communities coming together in warm spaces as part of 'cost of living' work</li> <li>- ICS mental health needs assessment completed</li> </ul>

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		Communicare schemes (see above) <ul style="list-style-type: none"> <li>- See 1.3</li> </ul>
3.4 Work with city planners to ensure health is reflected in policy making and delivery.	SCC Public Health	<ul style="list-style-type: none"> <li>- Spatial Planning for Health Specialist (SPHS) recruited and in post for two years from July 2022</li> <li>- SPHS has already formed a link between Public Health and Planning teams, redrafted the Public Health and Planning protocol, supported Public Health responses to large scale planning applications and provided guidance on planning matters</li> <li>- A draft 'Local Plan with options' has been written and will go to public consultation in Nov/Dec 2022. The SPHS was instrumental in developing The Food and Drink policy within the Draft Plan which includes measures to restrict the proliferation of hot food takeaways. The SPHS has also supported the development of other policies which support the creation of health promoting environments, including active travel, protection of existing open spaces and support for the creation of new spaces, and a requirement for Health Impact Assessment for applications meeting certain criteria.</li> <li>- In the future, the SPHS will support the Public Health team to develop skills and expertise in healthy place making, as well as working on other projects such as the food environment and the Green Grid. The approach taken in this area of work will also inform the developing Health in All Policies workstream (see 2.6)</li> <li>- Our approach to healthy place making, through the employment of a SPHS, is subject to an independent evaluation by an academic team from Lancaster and Liverpool Universities (funded by the National Institute for Health Research)</li> </ul>
3.5 Deliver a cleaner environment through a clean air zone with vehicle access restrictions to the city.	SCC Transport	<p>The air programme sits within the wider Green City programme incorporating other sustainability agendas. Progress on air quality projects and opportunities for linkages are discussed in regular Green City board meetings.</p> <p>Local NO2 Plan/ Non-charging CAZ            Through a detailed business case exercise including thorough modelling and consultation exercises, Southampton City Council was able to demonstrate that a charging Clean Air Zone was not necessary in securing compliance with relevant air quality objectives within the shortest possible time. Instead, a series of non-charging measures (Referred to as The Local NO2 Plan) were presented and approved by central government to help ensure compliance would be achieved and maintained. Measures included a low emission taxi incentive scheme, a bus retrofit programme, a targeted active travel engagement campaign, an enhanced sustainable distribution centre, new taxi only rapid charge points and more. These measures share the same aim as a charging zone, largely in making public transport cleaner and encouraging modal shift without the unintended consequences charging can bring. The Plan was launched in 2019 and concluded in 2021 with all measures being implemented according to the expectations of central government despite some changes needed as a result of the pandemic. Key successes in the plan include:</p> <ul style="list-style-type: none"> <li>• 53% of the taxi and private hire in the fleet now consisting of hybrid or electric vehicles – up from less than 10% 5 years ago</li> <li>• 100% of Southampton operating buses meeting Euro VI Euro VI equivalence</li> </ul> <p>The Council continue to work with central government to monitor and evaluate the effectiveness of the plan and understand whether any further measures may be required.</p> <p>Air Quality Action Plan            The Council is scheduled (cabinet in December) to adopt an update to its Air Quality Action Plan which will set out projects to be delivered over the next 5 years to further reduce the impacts of air quality on the city's residents. Updating the plan and implementing measures within it is a statutory duty under The Environment Act which includes new responsibilities and powers under the 2021 update. It's also being developed to maintain the momentum of the Local NO2 Plan and provide a policy umbrella where all air quality projects outside of The NO2 Plan can be delivered under. These include:</p> <ul style="list-style-type: none"> <li>• Air Quality Engagement Programme – wood burning engagement campaign, schools engagement project (currently recruiting a post to deliver this) and healthcare engagement project (bid pending result)</li> <li>• E-taxi and van trial scheme – ERDF funded project providing 50% off lease of a taxi or van, and the introduction of 5-8 new rapid chargers</li> <li>• Network of new low-cost monitors</li> </ul> <p>In total the plan consists of 60 new measures which can reduce the impact of air quality across 5 priority areas, on top of an existing 40 measures the Council has implemented or is implementing regardless across all service areas.</p> <p>The Council has been able to monitor a steady improvement in air quality in the city since 2013.</p>

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3.6 Work with employers to improve workplace wellbeing through healthier work places.	SCC Public Health and employment services	<ul style="list-style-type: none"> <li>- Public Health is supporting a cross-council Wellbeing Strategic Group reviewing and revising the support available to improve staff health and wellbeing</li> <li>- In partnership with colleagues in Economic Development and Sustainable Travel, Public Health is working to engage employers and organisations anchored in our city, to improve their health impact as an employer including workplace wellbeing</li> <li>- One Southampton jobs and wellbeing fair held at the Guildhall to bring together employers looking for staff, residents looking for work and health check and vaccination offers to improve health and wellbeing</li> </ul>
<b>People in Southampton have improved health experiences as a result of high quality, integrated services</b>		
4.1 Improve health outcomes for residents, at a lower cost, through integration and joint working across all health and Council services.	Southampton's Local Area Team (previously ICU)	<ul style="list-style-type: none"> <li>- The city's services continue to work towards the delivery of integration and joint working as part of the implementation of the Health and Care Strategy 2020-25. This is evidenced in services for all age groups, including SEND services, 0 – 19 services, Rehab and Reablement services and finally core community services (One Team) for adults and older people. Delivery of this programme is monitored through the Better Care Steering Board, Integrated Commissioning Unit.</li> <li>- Testing of 'One Team' approach has expanded to the East and West of the city. Promoting integration between core community health and care services</li> <li>- Proactive case management approaches have been in place as part of One Team and Locality working for some time, further work is underway to promote a more standardised approach ahead of this winter (2022/2023). This provides part of the foundation for a Population Health Management approach.</li> </ul>
4.2 Prioritise investment in and embed a prevention and early intervention approach to health and wellbeing across the city.	Southampton's Local Area Team (previously ICU)	<ul style="list-style-type: none"> <li>- Monitoring delivery of the Health and Care Strategy for Southampton which has a prevention and early intervention approach at its core</li> <li>- Ensuring decision making on council financial savings takes account of impact of reducing preventative activity. Public Health Grant underspend being used to support</li> <li>- Promotion of community solutions and other prevention and early intervention work with our community and voluntary section remains a priority for the city – including SO:Linked, AIG and our Mental Health Network.</li> <li>- The proactive case management approach being developed targets secondary prevention.</li> <li>- Continued investment in eat well approaches and weight management underpins prevention initiatives in the city.</li> </ul>
4.3 Deliver a common approach to planning care tailored to the needs of the individual or family.	Southampton's Local Area Team (previously ICU)	<ul style="list-style-type: none"> <li>- The Community Wellbeing Service promotes proactive care planning and provision for some of our most vulnerable residents e.g. those living with a Severe Mental Illness, Learning Disability and/or Frailty. This service works as an integral part of One Team which supports a multidisciplinary approach to care and health delivery for those whose needs are more complex.</li> <li>- Anticipatory Care Planning is a key part of ensuring that people's needs are not only tailored to their specific circumstances but also enable a look to the future through 'just in case' planning.</li> </ul>
4.4 Deliver the right care, at the right time, in the right place by working as locally as possible and shifting the balance of care out of hospital to community providers.	Southampton's Local Area Team (previously ICU)	<ul style="list-style-type: none"> <li>- Single Point of Access development for the city, initially to support hospital discharge embedded.</li> </ul>
4.5 Maximising opportunities for prevention and early intervention through making every contact with services count.	SCC Public Health	<p>See 1.7 above</p> <ul style="list-style-type: none"> <li>- Working through the health and care strategy 'prevention and health inequalities' board</li> </ul>