

Health & Wellbeing Strategy 2017-2025

Progress update – December 2023

The Health & Wellbeing Strategy 2017-2025 set 4 Outcomes and detailed ‘what are we going to do?’ for each. Each December the Health & Wellbeing Board receives an update against progress on the outcomes. The following summary provides a snapshot of progress for this year, please read the following table which provides the full update.

Outcome 1 – People in Southampton live active, safe and independent lives and manage their own health and wellbeing

The new Tobacco, Alcohol and Drug strategy was formally launched in January 2023. The strategy takes a non-judgemental, harm-reduction approach and was written with input from people with experience of using substances. It is part of the Health in all Policies approach, and various different teams are required to deliver its outcomes in a partnership approach. Vaping is a growing public health concern, particularly use by young people, and work is underway across the City Council to reduce vaping harm, particularly relating to young people.

The We can Be Active Strategy has been in place for one year and the Health & Wellbeing Board received a progress highlighting strengths, weaknesses, opportunities and threats in September 23. This identified areas for review and development around mental health support and engagement with local businesses. Work around healthy weight has continued, with the new nutrition and cooking network being established in partnership with City Catering and Abri to support consistent healthy eating and nutrition messages across community run/nutrition education programmes. A whole system approach to childhood obesity is well underway and the Health & Wellbeing Board will discuss how the group can influence at a place and system level late 23/early 24.

Outcome 2 – Inequalities in Health Outcomes are reduced

There is a great deal of variation in health inequalities across the city, for example men in the least deprived areas live for 8 years longer than in the most deprived; for women the difference is 4.7 years. To truly impact on health inequalities system change is required, and the Public Health team work to influence policies, strategies and plans so that as a system we can tackle health inequality. This year, Family Hubs have been launched; situated in some of the most deprived areas of the city and supporting families and communities in areas such, training and job opportunities, health advice from midwives, health visitors and other health professionals, health clinics, information and advice on breast feeding, and support around speech and language, training and job opportunities.

Early childhood development remains in focus with maternity services offering stop smoking support (with behavioural support). The healthy child programme continues to be delivered. There has been substantial work towards improving 2 year take up of early years places, which has increased the rates to over 88%. Work continues with schools to improve healthy lifestyle choices and mental wellbeing, with mental health support teams now fully operational in all mainstream schools. There is also work to support schools to reduce vaping, and educational sessions on drugs offered to all secondary schools.

Health inequalities are taken into account in policy development, commissioning and delivery, with strategies aligned and plans to ensure delivery. SCC Employment services have continued to support people to access jobs, especially those who are long term unemployed or with families. As well as providing reactive advice, the service assists Public Health in planning for and understanding the different risks from impact of growing unemployment, below entry level skills and dealing with debt and poor mobility. Learner numbers in the Adult & Community Learning programme (which provides entry-level and employment skills to disadvantaged adults) are seeing improvement, particularly following lower numbers during the pandemic. Priority groups are those with a

declared learning difficulty or health condition, learners from black, Asian or minority ethnic communities, unemployed people, and residents who do not have a full level 2 qualification.

Outcome 3 - Southampton is a healthy place to live with strong, active communities

The Stronger Communities team have continued to grow their community engagement networks, attracting significant media interest in activities and increased demand for the teams input to a range of issues. The team have also assisted the public health team work community surveys around childhood immunisations. 'Love where you live' events continue as community days with the ethos of 'build up, turn up and follow up' – so far in 2023 these have run in Coxford, Weston, Townhill, Clovelly Road, St James' Park and Lordshill.

The COVID Champions network has evolved into the Wellbeing Champions programme, focussing on longer term health and wellbeing improvement opportunities. The team continues with a varied programme of work including development of 'Young Southampton' with the Young People's Foundation Trust, the Safer Streets 4 programme supporting Millbrook Youth Activities Group to delivery youth activities and a street cooking project in Millbrook and Redbridge, and running the Safer Neighbourhoods and Community Chest grant rounds to encourage stronger, self-sufficient communities and diverting young people from crime and anti-social behaviour through arts, culture and physical activities.

Outcome 4 – People in Southampton have improved health experiences as a result of high quality, integrated services.

Integration and joint working across council services and partners remains key to delivering the best health outcomes for residents in the city. The newly established Health & Care Partnership Board is key in delivering integrated services. Formerly the Joint Commissioning Board, the new Health & Care Partnership Broad brings together service providers with the Integrated Care Board and City Council to enable more integration. The Health & Care Strategy has prevention and early intervention at it's core. The strategy sets priorities for health and care in the city, and the October meeting of the Health & Care Partnership received a progress update on these issues.

Continued investment in the Best Start in Live, sexual health, reducing tobacco, alcohol and drug related harm, mental health and wellbeing, eat well approaches and weight management underpins the prevention in the city. The new Discharge Community Navigation service will support residents to return home and remain at home following discharge from hospital. The Community Wellbeing Services promotes active car planning and provision for the most vulnerable residents, for example those living with a severe mental illness, learning disability and /or frailty. The service works as an integral part of One Team, supporting a multi-disciplinary approach to care and health delivery for those whose needs are more complex.

Progress against the Health & Wellbeing Strategy Outcomes

	Priority Commitments	Lead agencies, departments & services	Latest achievements and activities
Outcome 1	People in Southampton live active, safe and independent lives and manage their own health and wellbeing		
1.1	Encourage and promote healthier lifestyle choices and behaviour, with a focus on smoking, alcohol / drug use, physical activity, and a healthy weight, including walking and cycling more.	Southampton City Council Public Health	Smoking <ul style="list-style-type: none"> - The new Tobacco, Alcohol and Drugs Strategy 2023-2028 was launched in January. - Tobacco dependency treatment embedded in homeless hostels, drug & alcohol treatment service, UHS maternity service and inpatients, Primary Care Networks and in commissioned pharmacies. New pilot supporting UHS inpatients to continue to be smokefree after hospital. - Stoptober and National No Smoking Day campaigns. 2 PCNs supported to be among the first in the country to sign the NHS Smokefree Pledge. SCC already a signatory to the Local Government Declaration on Tobacco Control - Cross-Council work to reduce vaping-related harm to young people, non-smokers and the environment. - Leadership of the Tobacco Dependency Treatment workstream for Hampshire & Isle of Wight ICB. - Smoking rates similar to England, despite higher deprivation in Southampton. 1,582 people set a quit date through commissioned services in 2022/23.
		As above	Physical activity <ul style="list-style-type: none"> - Progress on the We Can Be Active Strategy (adopted by the Health & Wellbeing Board in December 2022) is monitored through quarterly updates from those individuals and organisations leading on each action. - In September 2023 a progress report on the first year of the WCBA Strategy was taken to the HWB. This highlighted strengths, weaknesses, threats and opportunities. As a result, areas for review and development were identified including collaboration with health and care partners, particularly those providing mental health support, and engagement with the local business community. - The Physical Activity Alliance (PAA) has grown over the year to over 100 members from more than 30 different organisations. It is valued by members as a forum for information exchange and collaboration. The Alliance meets quarterly with a mixture of face-to-face and virtual meetings to ensure inclusivity. The themes for the most recent meetings have included supporting older adults to move more and developing places that facilitate our residents to be active in a way that suits them. - The Leisure vision for the city is being delivered by a Strategic Action Plan (currently in draft) which also aligns with the five themes of the We Can Be Active Strategy. - The findings of an independent evaluation of the pilot Physical Activity Community Navigator project are being considered.
		As above	Healthy weight <ul style="list-style-type: none"> - SCC was the first LA on the South coast to sign up to the Healthy Weight Declaration (HWD) in 2022, it has provided a framework to enact a number of changes including the HWD being referenced in the Social Value Act for relevant SCC contracts, the Events team reference the HWD in their procurement to encourage vendors at local events to provide healthier food options. Exploratory work undertaken with Comms on advertising of high fat, salt sugar food in the city. Next steps to audit impact. - Nutrition and cooking network established in partnership with City Catering and Abri to support consistent healthy eating and nutrition messages across community run food/nutrition education programmes - Roll out of the Early LifeLab programme (offered to all primary schools in Southampton) 8 schools participated, further 19 expressed an interest, 1710 children engaged and 85 teachers trained (training includes Healthy Conversation skills). University funded PhD student recruited begin evaluation of the programme - Whole systems approach to childhood obesity well underway. Next steps are to consider how the work can be embedded as part of the CYP strategy and consider how the group can influence at a place and systems level - Healthy settings programmes have been scaled up including the Healthy Early Years Award which now engages 80 settings in the city. Schools based healthy settings awards have been brought under one banner of Healthy Sustainable Schools to help schools access the support they need more easily - Work underway to identify and explore options for auto-enrolment pupils eligible for free school meals but who have not signed up - Groundwork to begin in October to develop a healthy and sustainable food strategy for Southampton - Healthy Weight routinely raised as part of ICB Health and care commitments. - New adult weight management service commissioned and in place as part of a pathway to specialist NHS services, complementing free national digital weight management offer and national diabetes prevention programme.
		As above	Reducing alcohol and drug-related harm <ul style="list-style-type: none"> - New strategic Southampton Reducing Drug Harm Partnership, chaired by Director of Public Health - New cross-Council SCC Tobacco, Alcohol and Drugs Strategy, 2023-2028 - Over 1,680 adults (18+) in structured treatment in our commissioned specialist alcohol & drugs service in the 12 months to June 2023, a 9% increase from 2021/22. - More than 200 people p.a. benefiting from telephone support line for extended brief interventions for alcohol. 92% reduce their drinking. - Improved geographical coverage of drug treatment in community pharmacies, including supporting 40% more people with supervised consumption in the last year

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			<ul style="list-style-type: none"> - Successful bid for extra OHID funding for drugs services, enabling expansion of young people’s drug and alcohol service to offer workers in SCC young people’s services, dedicated outreach and more work with schools.
1.2	Encourage and promote healthy relationships and wellbeing of individuals of all ages, carers and families, particularly for those at risk of harm and the most vulnerable groups through increasing early help and support.	Public Health	<p>Sexual health</p> <ul style="list-style-type: none"> - Current services continue to provide additional support and promotion to vulnerable groups (i.e. teenagers, homeless population, sex workers, men who have sex with men) - Southampton Sexual Health Systems and Leadership Network was launched in April 2023 with strong representation across the wider sexual health system. - The Southampton Sexual Health Needs Assessment identified three workstreams that the network will be focusing on, and leads were agreed: Prevention and promotion across our work (including linked to other services for children, young people and vulnerable groups) System pathways, skills and capacity building Equitable access, experience and outcome <p>- These will be linked to our ways of working, which include: Co-design and test solutions with communities. Communicate between partners for emerging issues and improvements. Maximise opportunities for joint working. Evaluate sexual health outcomes over time. Improve representation from our communities within the workforce and patient forums.</p> <p>New integrated sexual and reproductive health service procured collaboratively with colleagues across Hampshire, Isle of Wight and Portsmouth.</p>
		As above	<p>Children and young people</p> <ul style="list-style-type: none"> - The Children and Young People’s Strategy 2022-27 has been completed, along with eight strategic plans for delivery, including the prevention and early intervention plan. The Children and Young People’s Strategic Partnership and a number of subgroups have been established to provide oversight of these strategies. - Southampton City Council has been awarded funding for the Family Hubs and Start for Life Programme which includes work across six priority areas including the development of Family Hubs in the city. - The delivery of personal, social, health and economic (PSHE) education in schools has been supported by membership to the PSHE Association, with termly Network meetings and access to resources. - Young carers are being identified in schools via an annual census, and their access to support within the city is being improved including training and badge scheme. - Emotional and mental health training supported by the Anna Freud Centre has been delivered to professionals across the city who work with or come into contact with children and young people. - Breakfast Clubs have supported 100 vulnerable children at risk of poor school attendance. Over half of the children increased attendance.
		As above	<p>Vulnerable groups</p> <ul style="list-style-type: none"> - The Holistic outreach service continues to support women who sell sex on the street - A new Domestic Abuse and Violence Against Women and Girls Strategy Launched. - There is new Homelessness Prevention Strategy in consultation.
		As above	<p>Carers</p> <ul style="list-style-type: none"> - Strong programme of reaching out to carers (paid and unpaid) to promote the Covid Vaccination programme.
1.3	Support people to be more independent in their own home and through access to their local community making best use of digital tools including Telecare.	Southampton’s Local Area Team (formerly known as the Integrated Commissioning Unit)	<ul style="list-style-type: none"> • ICB funded Communicare : Hello Southampton offering daily phone call health and wellbeing check-ins by volunteers, Home Welcome - a good neighbour visiting people after illness or hospital discharge • SO:Linked So:Connect digital inclusion project • From November 2023, implementation of a new navigation offer (as part of So:Linked) based at UHS and aimed at supporting people to access community resources to facilitate a safe and timely discharge from hospital. • A continued flexible and creative approach to reaching those in need and promoting their independence and wellbeing has been at the centre of what SO:Linked has done in recent months • A network of Social Prescribers and Community Navigators has been developed to promote sharing of good practice and continue to innovate and promote access to community assets • Working with CVSE organisations to promote ‘digital enabling’ aiming to reach more people through this approach, building on the successes during the pandemic response • Mapping of Warm Spaces for Elderly Frail and patients with respiratory needs in fuel poverty, coordinated by SO:Linked. Development of a Warm Spaces map, Single referral route through Community Navigation service, • Ongoing development of Integrated Neighbourhood Teams, Virtual Wards and Proactive Case Management approaches designed to support people to remain in their own homes/communities through strength based multi – agency multi-disciplinary coordination.

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			<ul style="list-style-type: none"> Increased shift away from a hospital discharge model that defaulted to a bedded model of care to a “Home First” approach that seeks to return people to their own homes wherever possible. The development of a business case and therapy led operational reablement model that proactively seeks to ensure that people who require reablement in the community receive this in a timely fashion helping them to remain as independent as possible for as long as possible.
1.4	Ensure that information and advice is coordinated and accessible	Southampton’s Local Area Team	<ul style="list-style-type: none"> Contract with Citizen Advice Southampton and consortium of providers of advice, information and guidance services is continuing and run to January 2025. Planning has begun about how services should be commissioned beyond January 2025 with stakeholder engagement planned between December 2023 and April 2024. Financial, debt and cost of living issues remain the number one reason for people to request support. Information about range of AIG -type provision has been updated and shared widely. Initial discussions taking place with PCNs about role of social prescribers and how we can ensure a coordinated AIG offer in the city. SoLinked service has been relaunched with a focus on general community navigation as well as a new service based at the hospital focussed on supporting hospital discharge.
1.5	Prioritise and promote mental health and wellbeing as being equally important as physical health.	Public Health	<ul style="list-style-type: none"> Development of a city-wide Southampton mental health and wellbeing strategy has commenced, with completion anticipated for June 2024. Mental health training provided to frontline workforces across the city who come into contact with residents, particularly those who are vulnerable to mental ill health and suicide. Training includes basic mental health awareness (Let’s get talking), Connect 5, debt and mental health training, children and young people’s emotional and mental health training. Continued support for mental health campaigns including Time to Talk, World Mental Health Day and Suicide Prevention Day. Other public health campaigns highlight mental health benefits of physical activity, reducing drinking and stopping smoking. <p>Suicide prevention</p> <ul style="list-style-type: none"> Suicide prevention included within the new city-wide Southampton mental health and wellbeing strategy (currently in development) HIOW suicide specific bereavement service, Amparo, is available to Southampton residents. It now also offers specific children and young people’s support. Ongoing work to promote this service to all partners, services and relevant organisations. Southampton Suicide Audit 2019-20 completed in March 2023, results disseminated to relevant groups and learning included in the mental health and wellbeing strategy. Membership and active involvement in HIOW real time surveillance (RTS) group for suspected suicide, supporting prevention and prevention of suicide in Southampton. HIOW self-harm support service has provided support to parents, carers, families and schools of young people who self-harm via an online resource and information hub, peer support and awareness courses, and training for school professionals.
1.6	Increase access to appropriate mental health services as early as possible and when they are needed.	Southampton’s Local Area Team and Public Health	<p>Community Transformation “No Wrong Door” Programme</p> <ul style="list-style-type: none"> Exemplary quality marked Southampton Mental Health Individual Placement and Support Service provided access to 267 people with severe and enduring mental health issues. Inaugural 16 – 25 year olds emotional wellbeing and mental health transition fair Development of a service model for 16 – 25 year olds mental health access co-ordination service Supporting the expansion of crisis alternatives in Southampton with the opening of a second Lighthouse in Bitterne and contribution towards the Academic Health Science Network evaluation of the Crisis Alternative services. Development of city wide ‘your wellbeing journey’ infographic. Completed all recruitment to workforce models (usual recruitment for attrition) Group intervention programme phased development and roll out within EMHPC offer <ol style="list-style-type: none"> West PCN - compassionate friend group Citywide – mindfulness and relaxation group North PCN (University population) - stress and anxiety and emotional coping skills Citywide – dealing with anger and frustration group commencing February 2024 Citywide - managing emotions pathway early planning stages Trusted assessment pilot due to commence December 2023 <ol style="list-style-type: none"> EMHPCT to ‘step-up’ to secondary services Pathway for direct referral and template developed, upload to RiO and patient accepted (CMHT, EIP, CRHTT) When implemented/successful will work towards ‘step-down’ trusted assessment Regular MDTs taking place across MH pathways Achieve target of patients with 2+ contacts with transformed community mental health services <ol style="list-style-type: none"> EMHPC data available booked appointments, DNA rate, appointment utilisation, step-up rate (accepted/diverted) Broaden the offer within PCNs to include support for social determinants of mental health <ol style="list-style-type: none"> Regular contact with EMHPC with Social Prescribers and Health & Wellbeing Coaches Improve SMI physical health check uptake to 80% and pilot use of the ICS developed evidence-based framework with Primary and Secondary Care to guide the provision of follow up care and support after a physical health check <ol style="list-style-type: none"> Practice questionnaire developed and completed, individual improvement plan in development Increased outreach HCs completed this year contributing towards target

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			<p>3. Mapping follow-up interventions underway</p> <p>4. Co-occurring Conditions</p> <ul style="list-style-type: none"> - Support pathway development and improved integrated working between mental health services and substance use disorder services, joint MDTs etc. <ul style="list-style-type: none"> 1. Training/education events & QI event October 2. Joint Working Protocol, data sharing agreements nearing completion 3. SUDs drop-in clinics for NHSTT and EMHPC Teams in place 4. Steering group re-established to oversee action plan - In partnership with Southampton City Council develop supported housing strategy aligned to rehabilitation and reablement programme <ul style="list-style-type: none"> 1. SCC Supported Living market engagement event November - Co-occurring mental health and substance use disorder needs <ul style="list-style-type: none"> 1. Education sessions provided to health, adult social care, housing, voluntary sector who do/may have contact with people who have co-occurring needs 2. Development of Joint Working Protocol between partners to ensure people are not excluded from services due to co-occurring need <p>Improved access to evidence-based psychological therapies</p> <ul style="list-style-type: none"> - Enhanced partnership working, including MDTs and joint assessments with Enhanced Mental Health Primary Care Teams. - Delivery of open access 'introduction to' webinars to facilitate access - Continued joint working with substance use disorder services, secondary mental health services and primary care
1.7	Make every contact count (MECC) by ensuring all agencies are able to identify individual needs and respond /refer to services as appropriate.	Southampton's Local Area Team and Public Health	<ul style="list-style-type: none"> - MECC lite training co-delivered with PCC - approx. 10 SCC staff from adult social care connect and the contact centre attended (have feedback if you need it) - MECC Train the Trainer delivered with NHSE – 5 participants from Southampton (Saints Foundation, SCC and a pharmacy). - MECC training offer promoted to GP practices who attended the face to face NHS health checks training - NHSE commission Yellow Brick Road Projects to deliver eMECC for Southampton and HIOW
1.8	Promote access to immunisation and population screening programmes.	NHS England, Hampshire & Isle of Wight Integrated Care System, and Public Health	<p>Covid-19 and flu vaccinations</p> <ul style="list-style-type: none"> - Integrated support for programme across NHS and Local Authority partners - (COVID-19) Vaccine champions programme ended in March 2023. The programme had involved funding 15 organisations and over 85 unfunded businesses and organisations to improve uptake of COVID-19 vaccines and reduce inequalities. An evaluation of the programme is being conducted. - NHS partners continue to offer seasonal flu and COVID-19 vaccines to eligible groups. The public health team support operational planning at system level and support around inequalities in uptake. <p>Childhood immunisations</p> <p>The SCC public health team have led a Childhood Immunisation Strengths and Needs Assessment (CHISANA) that focused on vaccinations in children under 5 years of age. This has involved engaging key stakeholders and included uptake data analysis and a parent and GP provider survey. The assessment and recommendations are being finalised and will be presented to the HWB in March.</p> <p>Immunisation and screening programmes</p> <p>Southampton City Council and other HIOW local authority public health consultants meet regularly with the public health consultant lead in the NHSE screening and immunisation team to address key issues in improving uptake across immunisation and screening programmes. This year there has been a focus on improving uptake and catch up of MMR vaccination due to increasing cases nationally and internationally.</p> <p>NHS health checks</p> <p>NHS health check activity in Southampton has improved to pre-pandemic levels in the last year and is higher than the England and South East average. Work continues to support primary care to increase activity and health checks remain an important part of identifying and addressing upstream risk factors for cardiovascular disease.</p>
Outcome 2	Inequalities in health outcomes are reduced		
2.1	Reduce the health inequality gap between the most deprived and least deprived neighbourhoods in	Integrated Care Unit and Southampton City Council Stronger Communities	<ul style="list-style-type: none"> - Green network is now in place and working with partners to develop opportunities to grow, cook and eat together across the generations. - Digital inclusion through SO:Connect, is now a standard part of the community development and navigation work of the city. - Continuing the work of the local solutions groups, within individual communities, to promote services available and identify gaps in provision. - COVID and vaccination champions work now ended and champions being involved on an ongoing basis through stronger communities activities - Launch of Family Hubs supporting families and communities, located in the most deprived areas of the city - 'Love where you live' events continue to bring information/agencies for multiple health and other services to localities of need

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	the city through a community-based approach that is proportionate to level of need.		<ul style="list-style-type: none"> - The Stronger Communities team are supporting for local organisations in key localities through Community engagement staff - The Community Cohesion officer is working with black and ethnic minority communities to promote health services
2.2	Take action to improve men's health to reduce the difference between male and female life expectancy through community based initiative to deliver behaviour change.	Public Health	<ul style="list-style-type: none"> - All public health activities and communications are needs-led, where access and uptake is low for males, provision is increased and more targeted – proportionate to this increased need - Men are identified as a high-risk group for suicide in the Southampton suicide prevention plan 2020-23 and in the Southampton mental health and wellbeing Strategy which is under development. - Community services for smoking, alcohol, drugs and cardiovascular disease risk screening through NHS Health Checks. Rates all typically higher among men.
2.3	Reduce inequalities in early child development by ensuring good provision of maternity services, childcare, parenting and early years support.	Southampton's Local Area Team and Public Health	<ul style="list-style-type: none"> - Maternity services offering stop smoking support with behavioural support and direct supply NRT. - Continued delivery of healthy child programme with a focus on the 5 mandated contacts and targeted support for those who need it - Continued delivery of Family Nurse Partnership (FNP) to support young parents to ensure best start in life - Continued delivery, and extension to further venues, of Healthy Early Years Award (HEYA), including successful implementation of a pilot mental health and wellbeing strand - Launch of Family Hubs, including eight hubs across the city with co-located services, activities and support. Other workstreams funded by Start for Life programme also progressing, including perinatal mental health, infant feeding, parenting programmes, and home learning environment. - Substantial work towards improving 2-year take up of early years places, increasing rates to >88%.
2.4	Work with schools to improve healthy life style choice and mental wellbeing and reduce adolescent risk taking	Public Health	<ul style="list-style-type: none"> - BeeWell Programme implemented in secondary schools, surveying the wellbeing of pupils - Mental Health Support Teams (MHST) fully mobilised in Southampton covering 100% of mainstream schools. - Work to increase engagement with Healthy High 5 award in primary and secondary schools across the city - Delivery of Anna Freud and SCC workshops with schools and other partners - Schools continue to have access to expert advice, guidance and resources from the PSHE Association in response to the statutory RSHE curriculum - Supporting schools to reduce vaping-related harm and working with lifelab to understand the experience of young people locally. - Educational sessions on drugs offered to all secondary schools - Southampton's Healthy and Sustainable Schools Collective supporting children and young people to live healthier and environmentally sustainable lifestyles, including introduction of mascot (Coach Carrot) designed by a young person. - LifeLab produced vaping resources for teachers (developed with a panel of young people) and have developed a Young Researcher Training programme. - Early Life Lab programme offered to all primary schools in Southampton
2.5	Target access to advice and navigation to services for those who are most at risk and in need to improve their health outcomes.	Southampton's Local Area Team	See 1.4
2.6	Ensure that health inequalities are taken into account in policy development, commissioning and service delivery.	Public Health	<ul style="list-style-type: none"> - This priority is built into aligned strategies and plans to ensure delivery - There has been development of a health in all policies framework held by the Health and Wellbeing Board - Framework agreed and implementation in train – update scheduled March 2024

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2.7	Provide support to help people access and sustain quality jobs, targeting those who are long term unemployed or with families.	Southampton City Council Employment Services	<ul style="list-style-type: none"> - Service provides high quality and timely advice to residents from ages 16 and above; particularly those who are measurably disadvantaged in the labour market, including people with neuro-diversity, Secondary mental health conditions, people with a learning disability, new mothers returning to work, young adults, tenants of the Council, people with Musculo skeletal conditions, and people recovering from drug or alcohol dependency. - The Service is funded by through grants/commissions secured with DWP, NHS, ICU, Southern Health, DLUHC, Adult Services and the EU, to provide ongoing unemployment support to disadvantaged people. - The Service has secured a number of awards during 2022 including: Exemplary status (IPS), Matrix accreditation, and BASE Team of the Year. - The service is also active in helping us plan for and understand the different risks that communities across the city will endure from the impact of growing unemployment, below entry level skills and dealing with debt and poor mobility – linking into Levelling Up agenda to guide our anti-poverty response, promote prosperity and work together through the auspices of Southampton Connect and the Economic and Green Growth Strategy. The team led on the development of the 3 year Implementation Plan for the UK Shared Prosperity Fund, and is the lead partner for the Multiply (Improving basic numeracy skills for adults) programme. - The Adult and Community Learning programme continues to provide entry level and employment skills to disadvantaged adults in our City, and learner numbers are noticeably improving following the suppressed numbers during the Pandemic. Priority Groups include people with a declared learning difficulty or health condition, Learners from Black, Asian or Minority Ethnic communities, Unemployed people, and residents who do not have a full level 2 qualification. - Health in all policies work across SCC including focus on access to good work and fair employment .
Outcome 3			
Southampton is a healthy place to live and work with strong, active communities			
3.1	Support development of community networks, making best use of digital technology, community assets and open spaces.	Southampton City Council Stronger Communities team with Southampton's Local Area Team	<ul style="list-style-type: none"> - SO:Linked developed a Social Prescribing network for the city, funded by NHS England and Improvement to share resources, training and develop a health & social care system service improvement plan for the function of Social Prescribing. - Stronger Communities team continues to grow community engagement networks, attracting significant media interest in its activities and increased demand for the team's input to a range of issues (fly tipping, health inequalities, ASB, youth participation) - The engagement leads network continues, proving to be an effective and growing forum for engagement leads to compare and share activity city wide. We also sit on a Youth Outreach group, to help coordinate responses to crime/anti-social behaviour/risk issues. - The Community Engagement and Cohesion Team continue with Love Where You Live events delivering a Community Day with a range of themed zones for agencies, community programmes and residents to interact and respond to a locally derived issue; applying the mantra 'build up', 'turn up' and 'follow up' , so far in 2023 at Coxford, Weston, Townhill, Clovelly Road, St James Park, Lordshill have all seen this delivery. - The teams have been heavily invested in organising Police & Community Together (PACT) meetings, which had dropped off due to multiple police staff changes – one in Shirley saw 30 members of the public attend this open meeting. - The COVID Champions network evolved into the Wellbeing Champions programme, to use the community network of contacts built up for longer term future health and wellbeing improvement opportunities. - Stronger Communities have helped promote local digital experts, such as 'Drop the Mask' who produce fantastic neurodiverse Virtual Reality training programmes, including for the NHS. - The Stronger Communities Youth Participation Officer is leading the cities response to the 'Playzone' Initiative; Football Foundation funded capital investment to improve multi-use games areas in areas with lowest physical activity - Stronger Communities is working with a national charity, the Young People's Foundation Trust to create a Local Youth Partnership of youth sector organisations. This is now shaped as 'Young Southampton' and continues to progress towards a constituted body - The UNICEF UK Accredited Child Friendly Cities programme continues and has had active involvement with young people to identify digital badges to develop as the next stage. We have CF Ambassadors across our schools. - SO:Linked local solutions groups continue to develop. Mapping of available resources. This has enabled the development of the SOLID (SO:Linked Community Directory) which works in collaboration with the Southampton Information Directory. - In 2023 Stronger Communities ran the Safer Neighbourhoods and Community Chest grant rounds, designed to encourage stronger, self-sufficient communities, as well as diverting young people from risk through arts, culture and physical activities. - The Safer Streets 4 programme has also supported the Millbrook Youth Activities Group to deliver youth activities in Millbrook and Redbridge, including a street cooking project.
3.2	Improve housing standards and reduce illness and avoidable deaths related to fuel poverty.	Public Health	<ul style="list-style-type: none"> - Through Advice in Southampton (AIS) and directly The Environment Centre (tEC) have continued to offer advice and support to residents in fuel poverty including how to access grants as part of the Southampton Health Homes affordable warmth programme - Southampton Warmth for All Partnership continues and has been chaired by the Director of Public Health moving to the Public Health Consultant Health Protection lead - Increased City-wide action in Winter 2022/23 to raise awareness of benefits and interventions to reduce illness through 'cost of living' work
3.3	Develop an understanding of, and response to, social isolation and loneliness in the city.	Southampton's Local Area Team	<ul style="list-style-type: none"> - So:Linked mapped community assets and available on website - System level programme across Hampshire and Isle of Wight to improve social connectedness in place, with system level communications and development of tools and resources for local places to use - Carers in Southampton - Increased City-wide action in Winter 2022 to improve social connections and opportunities for communities coming together in warm spaces as part of 'cost of living' work - ICS mental health needs assessment completed

	Priority Commitments	Lead agencies, departments & services	Latest achievements and activities
			<ul style="list-style-type: none"> - Focus and commitments around social isolation and loneliness included in the Southampton mental health and wellbeing strategy (in development) <p>Communicare schemes (see above), 1.3</p>
3.4	Work with city planners to ensure health is reflected in policy making and delivery.	Public Health	<ul style="list-style-type: none"> - The Spatial Planning for Health Specialist (SPHS) has been in post since July 2022 as part of a 2 year fixed-term contract. Discussions are ongoing regarding the future of the role past July 2024. - SPHS has continued to strengthen the relationship between the Public Health and Planning teams, as well as beginning to forge relationships with other teams in the Council's Place Directorate whose work influences wider determinants, including the Transport and Corporate Estates teams. - SPHS continues to provide support to the Public Health team in its role as a consultee on large-scale planning applications and pre-application advice requests, through preparing consultation responses and providing technical advice. - The Southampton City Vision, which will be the new Local Plan for the city, was subject to public consultation between 31st October 2022 and 3rd January 2023. The consultation was on the Draft Plan with Options and the SPHS worked closely with the Planning team to draft policies that address wider determinants and can deliver positive health benefits. These include a food and drink policy that seeks to restrict the proliferation of hot food takeaways; housing policies that look to provide warm, energy efficient homes that are accessible and adaptable, meet the Nationally Described Space Standards and have adequate amenity space including for food growing; open spaces policies that protect existing green spaces and encourage the creation of new ones; transport policies that support increased uptake of active travel; and environmental protection policies that seek to improve air quality. A further draft policy seeks to require major development over a specified threshold to submit a Health Impact Assessment as part of any planning application. Work is ongoing to analyse the consultation responses from over 1,600 residents and organisations to decide final options and amend policies to prepare the next iteration of the City Vision. This work also includes careful consideration of the significant changes to the Local Plan process that Government is seeking to make through the Levelling Up and Regeneration Bill. - To support the upskilling of the Public Health team, SPHS has delivered a Lunch and Learn session and held various discussions on healthy placemaking. There was also an opportunity for SPHS to present at the South East Public Health Conference to inform the wider public health workforce of the approach being taken in Southampton and the slides have subsequently been shared with the Chief Medical Officer for England via the Regional DPH. - With SCC adopting a Health in All Policies approach, SPHS has provided recommendations on how the Council's emerging Climate Change and Green Infrastructure Strategies could better incorporate health considerations and has started exploring approaches for introducing a greater use of Health Impact Assessment in projects and policies. - SCC's approach to healthy placemaking through the employment of a SPHS is being independently evaluated by a team of academics from the Universities of Liverpool and Lancaster, funded by the National Institute for Health and Care Research (NIHR) with the final report expected to be available by the end of 2023. - As part of a joint project, SPHS with Public Health and Planning colleagues has been surveying the city's district and neighbourhood centres to evaluate their land use and environmental quality to inform the City Vision and to undertake a food survey of supermarkets and convenience stores to better understand the range and price of food available to residents in different parts of the city.
3.5	Deliver a cleaner environment through a clean air zone with vehicle access restrictions to the city.	Southampton City Council Transport team and Public Health	<ul style="list-style-type: none"> - The clean air programme sits within the wider Green City programme incorporating other sustainability agendas. Progress on air quality projects and opportunities for linkages are discussed in regular Green City board meetings. - Local NO2 Plan/ Non-charging CAZ - through a detailed business case exercise including thorough modelling and consultation exercises, Southampton City Council was able to demonstrate that a charging Clean Air Zone was not necessary in securing compliance with relevant air quality objectives within the shortest possible time. Instead, a series of non-charging measures (referred to as The Local NO2 Plan) were presented and approved by central government to help ensure compliance would be achieved and maintained. Measures included a low emission taxi incentive scheme, a bus retrofit programme, a targeted active travel engagement campaign, an enhanced sustainable distribution centre, new taxi only rapid charge points and more. These measures share the same aim as a charging zone, largely in making public transport cleaner and encouraging modal shift without the unintended consequences charging can bring. The Plan was launched in 2019 and concluded in 2021 with all measures being implemented according to the expectations of central government despite some changes needed as a result of the pandemic. - Key successes in the plan include: <ul style="list-style-type: none"> - 53% of the taxi and private hire in the fleet now consisting of hybrid or electric vehicles – up from less than 10% 5 years ago - 100% of Southampton operating buses meeting Euro VI Euro VI equivalence - The Council continue to work with central government to monitor and evaluate the effectiveness of the plan and understand whether any further measures may be required. The NO2 plan for 2023/2024 is currently going through the submission process and the council hope to secure funding for a new set of measures, similar to the ones previously mentioned for delivery in 2024. - Air Quality Action Plan - The Council adopted an update to its Air Quality Action Plan which set out projects to be delivered over the next 5 years to further reduce the impacts of air quality on the city's residents. The latest AQAP was written in 2023. - Updating the plan and implementing measures within it is a statutory duty under The Environment Act which includes new responsibilities and powers under the 2021 update. It was also developed to maintain the momentum of the Local NO2 Plan and provide a policy umbrella where all air quality projects outside of The NO2 Plan can be delivered under. These include: <ul style="list-style-type: none"> - Air Quality Engagement Programme – wood burning engagement campaign, school engagement project, and healthcare engagement project - E-taxi and van trial scheme – ERDF funded project providing 50% off lease of a taxi or van, and the introduction of 5-8 new rapid chargers - Network of new low-cost monitors <p>In total the plan consists of 60 new measures which can reduce the impact of air quality across 5 priority areas, on top of an existing 40 measures the Council has implemented or is implementing regardless across all service areas.</p> <p>The Council has been able to monitor a steady improvement in air quality in the city since 2013.</p>

	Priority Commitments	Lead agencies, departments & services	Latest achievements and activities
3.6	Work with employers to improve workplace wellbeing through healthier work places.	Public Health and Employment Services	<ul style="list-style-type: none"> - Public Health is supporting a cross-council Wellbeing Strategic Group reviewing and revising the policy and support in place to improve staff health and wellbeing. - In partnership with colleagues in Economic Development and Sustainable Travel, Public Health is working to engage employers and organisations anchored in our city, to improve their health impact as an employer including workplace wellbeing. - Health in all policies work across SCC including focus on access to good work and fair employment. - System level work in train to engage wider Anchor institutions in improving access to good work.
Outcome 4	People in Southampton have improved health experiences as a result of high quality, integrated services		
4.1	Improve health outcomes for residents, at a lower cost, through integration and joint working across all health and Council services.	Southampton's Local Area Team	<ul style="list-style-type: none"> - The city's services continue to work towards the delivery of integration and joint working as part of the implementation of the Health and Care Strategy 2020-25. This is evidenced in services for all age groups, including SEND services, 0 – 19 services, Rehab and Reablement services and finally core community services (One Team) for adults and older people. - New Health & care Partnership Board established to oversee and support integration and joint working arrangements. - New system wide Home Care platform implemented. - Delivered a new approach to Hospital Discharge, support a Home First approach.
4.2	Prioritise investment in and embed a prevention and early intervention approach to health and wellbeing across the city.	Southampton's Local Area Team	<ul style="list-style-type: none"> - Monitoring delivery of the Health and Care Strategy for Southampton which has a prevention and early intervention approach at its core - Promotion of community solutions and other prevention and early intervention work with our community and voluntary section remains a priority for the city – including SO:Linked, AIG and our Mental Health Network. - Continued investment in Best Start in Life; sexual health, reducing tobacco, alcohol & drug-related harm, mental health and wellbeing, eat well approaches and weight management underpins prevention initiatives in the city. - Implemented new Discharge Community Navigation, to support residents to return and remain at home following discharge. - Redesigned the online offer for residents with a new service directory and support planning tool.
4.3	Deliver a common approach to planning care tailored to the needs of the individual or family.	Southampton's Local Area Team	<ul style="list-style-type: none"> - The Community Wellbeing Service promotes proactive care planning and provision for some of our most vulnerable residents e.g. those living with a Severe Mental Illness, Learning Disability and/or Frailty. This service works as an integral part of One Team which supports a multidisciplinary approach to care and health delivery for those whose needs are more complex. - Anticipatory Care Planning is a key part of ensuring that people's needs are not only tailored to their specific circumstances but also enable a look to the future through 'just in case' planning.
4.4	Deliver the right care, at the right time, in the right place by working as locally as possible and shifting the balance of care out of hospital to community providers.	Southampton's Local Area Team	<ul style="list-style-type: none"> - Single Point of Access development for the city, initially to support hospital discharge embedded.
4.5	Maximising opportunities for prevention and early intervention through making every contact with services count.	Public Health	<p>See 1.7 above</p> <ul style="list-style-type: none"> - Working through the health and care strategy 'prevention and health inequalities' board