

DECISION-MAKER:	OVERVIEW AND SCRUTINY MANAGEMENT COMMITTEE		
SUBJECT:	REDUCING CHILDHOOD OBESITY IN SOUTHAMPTON - SCRUTINY INQUIRY TERMS OF REFERENCE		
DATE OF DECISION:	15 AUGUST 2019		
REPORT OF:	DIRECTOR - LEGAL AND GOVERNANCE		
<u>CONTACT DETAILS</u>			
AUTHOR:	Name:	Mark Pirnie	Tel: 023 8083 3886
	E-mail:	Mark.pirnie@southampton.gov.uk	
Director	Name:	Richard Ivory	Tel: 023 8083 2794
	E-mail:	Richard.ivory@southampton.gov.uk	
STATEMENT OF CONFIDENTIALITY			
None			
BRIEF SUMMARY			
It is the role of the Overview and Scrutiny Management Committee (OSMC) to determine the scrutiny inquiry programme. This report requests that the OSMC agrees the terms of reference for a scrutiny inquiry on reducing childhood obesity in Southampton.			
RECOMMENDATIONS:			
	(i)	That the Committee consider and approve the draft terms of reference for the scrutiny inquiry attached as Appendix 1.	
	(ii)	That authority is delegated to the Director - Legal and Governance, in consultation with the Chair of the Scrutiny Inquiry Panel, to finalise the inquiry plan.	
REASONS FOR REPORT RECOMMENDATIONS			
1.	To enable the Scrutiny Inquiry Panel to commence the scrutiny inquiry.		
ALTERNATIVE OPTIONS CONSIDERED AND REJECTED			
2.	None.		
DETAIL (Including consultation carried out)			
3.	The 2018 Government report, 'Childhood obesity: a plan for action', identified that childhood obesity is one of the biggest health problems this country faces. Nearly a quarter of children in England are obese or overweight by the time they start primary school aged five (22.4%), and this rises to one third by the time they leave aged 11 (34.3%). Our childhood obesity rates mean that the UK is now ranked among the worst in Western Europe.		
4.	The burden of childhood obesity is being felt the hardest in more deprived areas with children growing up in low income households more than twice as likely to be obese than those in higher income households.		

5.	Overweight or obese children are more likely to experience bullying, stigmatisation and low self-esteem. They are more likely to develop Type 2 diabetes in childhood, a condition that was once very rarely seen outside adulthood. They are also far more likely to go on to become obese adults, with a higher risk of developing life threatening conditions such as some forms of cancer, Type 2 diabetes, heart disease and liver disease.
6.	Childhood obesity also places significant financial costs on the nation. It is estimated that obesity-related conditions are currently costing the NHS £6.1 billion per year. The total costs to society of these conditions have been estimated at around £27 billion per year, with some estimates placing this figure much higher.
7.	In Southampton rates of childhood obesity exceed the national average. The most recent published figures show that 23.3% of 4-5 year olds in Southampton are either obese or overweight and this rises to 37.4% for 10-11 year olds.
8.	Reflecting the above issues the Government has set a challenging target of reducing childhood obesity by 50% by 2030.
9.	Across England, there are excellent examples of local approaches to tackling childhood obesity, recognising the vital role local authorities can play in utilising their range of powers and opportunities to create healthier environments.
10.	Given the importance of the issue and the emergence of best practice for local authorities, the Chair of the OSMC recommended a review focussing on reducing childhood obesity in Southampton as an appropriate subject for a scrutiny inquiry.
11.	Attached as Appendix 1 are the draft terms of reference for the inquiry, developed in consultation with the Chair and officers. Members are invited to comment on the document and suggest amendments.
12.	The outline inquiry plan is still in development and will be subject to the availability of consultees and needs to be flexible to enable the inquiry to respond to developments. It is therefore recommended that authority is delegated to the Director – Legal and Governance, in consultation with the Chair of the Scrutiny Inquiry Panel, to finalise the inquiry plan.
13.	The final report and recommendations of the Scrutiny Inquiry Panel will be considered by the OSMC prior to Cabinet to ensure that the review has met the agreed outline terms of reference set by this Committee.

RESOURCE IMPLICATIONS

Capital/Revenue

14.	There are no additional financial implications arising from the approval of the recommendations.
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Property/Other

15.	None.
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LEGAL IMPLICATIONS

<u>Statutory power to undertake proposals in the report:</u>	
16.	The duty to undertake overview and scrutiny is set out in Part 1A Section 9 of the Local Government Act 2000.
<u>Other Legal Implications:</u>	
17.	None
RISK MANAGEMENT IMPLICATIONS	
18.	None.
POLICY FRAMEWORK IMPLICATIONS	
19.	Key outcomes in the Council Strategy 2016-2020 include: <ul style="list-style-type: none"> • Children and young people in Southampton get a good start in life • People in Southampton live safe, healthy, independent lives Reducing childhood obesity in Southampton will help to contribute to these objectives.
KEY DECISION	No
WARDS/COMMUNITIES AFFECTED:	None directly as a result of this report
<u>SUPPORTING DOCUMENTATION</u>	
Appendices	
1.	Reducing Childhood Obesity in Southampton – Scrutiny Inquiry Draft Terms of Reference
Documents In Members' Rooms	
1.	None
Equality Impact Assessment	
Do the implications/subject of the report require an Equality and Safety Impact Assessments (ESIA) to be carried out?	No
Data Protection Impact Assessment	
Do the implications/subject of the report require a Data Protection Impact Assessment (DPIA) to be carried out?	No
Other Background Documents	
Equality Impact Assessment and Other Background documents available for inspection at:	
Title of Background Paper(s)	Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)
1.	None